

# CERTIFIED KINDNESS SCHOOL CHECKLIST

## Welcome to the journey of becoming a Certified Kindness School and/or Classroom!

In today's world, cultivating a culture of kindness within our school community is more important than ever. A Certified Kindness School is not just a place where students learn academic skills; it's a space where compassion, respect, and empathy thrive.

### Checklist to become a Certified Kindness School and/or Classroom:

- ☐ Introduce the challenge to your school or classroom and have participants sign the Kindness Pledge (use the pledge below or create your own).
- ☐ Request a FREE kindness poster for your school and/or classroom.  
Due to mailing costs, we will only send posters to schools with addresses in the United States.
- ☐ Kick off the challenge with some inspiration:  
Watch & Share Norm's Impact: How Kindness Transformed a School
- ☐ Download the RAK school calendar for daily kindness ideas.
- ☐ Download RAK resources for your school or classroom.

What resource(s) did you download? \_\_\_\_\_

- ☐ Select one RAKactivity to complete as a school or classroom.

☐ What RAKactivity did you select? \_\_\_\_\_

- ☐ **Optional** - include pictures or videos you've captured during the challenge

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- ☐ Email a completed copy of this checklist to [info@randomactsofkindness.org](mailto:info@randomactsofkindness.org) to receive a Certified Kindness School certificate to display next to your schools Kindness Pledge.

☐ School Name \_\_\_\_\_

☐ Number of Students \_\_\_\_\_

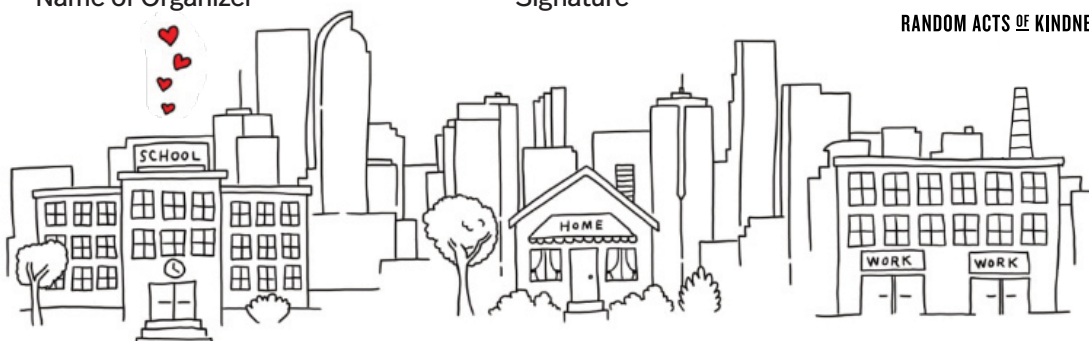
☐ Location \_\_\_\_\_

\_\_\_\_\_  
Name of Organizer

\_\_\_\_\_  
Signature

**make  
kindness  
the norm**  
randomactsofkindness.org

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# KINDNESS PLEDGE TEMPLATE

## Welcome to the Kindness Challenge! Let's Become a Certified Kindness School!

Dear \_\_\_\_\_ community,

(enter school name or school mascot)

I am so excited to invite you on this incredible journey to become a Certified Kindness School, created by The Random Acts of Kindness Foundation!

I believe there is no better time than now to make kindness the foundation of everything we do here at \_\_\_\_\_. Together, we can create a community where compassion, respect, and empathy thrive.

To kick off this challenge, the first thing we need from each of us is to sign the **Kindness Pledge** (located in \_\_\_\_\_). By signing, you commit to making kindness a part of your daily actions—whether it's helping someone in our school community, showing respect, or simply spreading positivity.

Let this be our school's declaration that kindness isn't optional—it's a priority.

After signing the pledge, we'll work through the **Certified Kindness School Checklist**, engaging in activities that promote kindness throughout our school.

### Here's an overview of the items included on the checklist:

- **Kick off the challenge with some inspiration!** - watch & share Norm's Impact: How Kindness Transformed a School
- **Request a FREE kindness poster** for your school and/or classroom
- **Download RAKs school calendar** for daily kindness ideas
- **Download RAK resources** for your school or classroom
- **Complete one RAKtivity** as a class or school and/or classroom
- **Submit the completed checklist** to receive an official certificate to display alongside our Kindness Pledge.
- **optional** - include pictures or videos you've captured during the challenge

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Let's rally together and make kindness the norm at \_\_\_\_\_!

Looking forward to seeing your pledge signatures and the amazing things we'll accomplish as a school!

Warmly,

[Organizer's Name]

[School Leader or Title]

# make kindness the norm<sup>®</sup>

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