

COMPLIMENT CARDS TOOLKIT

Join the RAKtivist community in spreading kindness by designing compliment cards and handing out to those within your communities. Let's start a ripple of positivity by sharing heartfelt compliments with those around us.

1. Gather Your Materials

Collect cardstock or colorful paper, markers, pens, stickers, and any other decorative materials you'd like to use for creating your compliment cards.

2. Brainstorm Compliments

Take time to think about the people you'd like to compliment and the qualities you admire in them. Brainstorm a list of heartfelt compliments and positive affirmations to include in your cards.

3. Cut and Fold Your Cards

Cut the cardstock or paper into smaller rectangles to create the base for your compliment cards. Fold each rectangle in half to create a card shape.

4. Write Your Compliments

On the inside of each card, write a personalized compliment or message for the recipient.

5. Decorate Your Cards

Get creative with decorating your compliment cards! Use markers, pens, stickers, or any other decorative materials to add color and flair to the cards. Include doodles or drawings to make them even more special.

6. Spread Kindness

Once your compliment cards are ready, it's time to spread kindness! Hand deliver the cards to the recipients or leave them in places where they'll be found, such as on desks, in mailboxes, or on car windshields. Watch as your heartfelt compliments bring smiles to the faces of those who receive them.

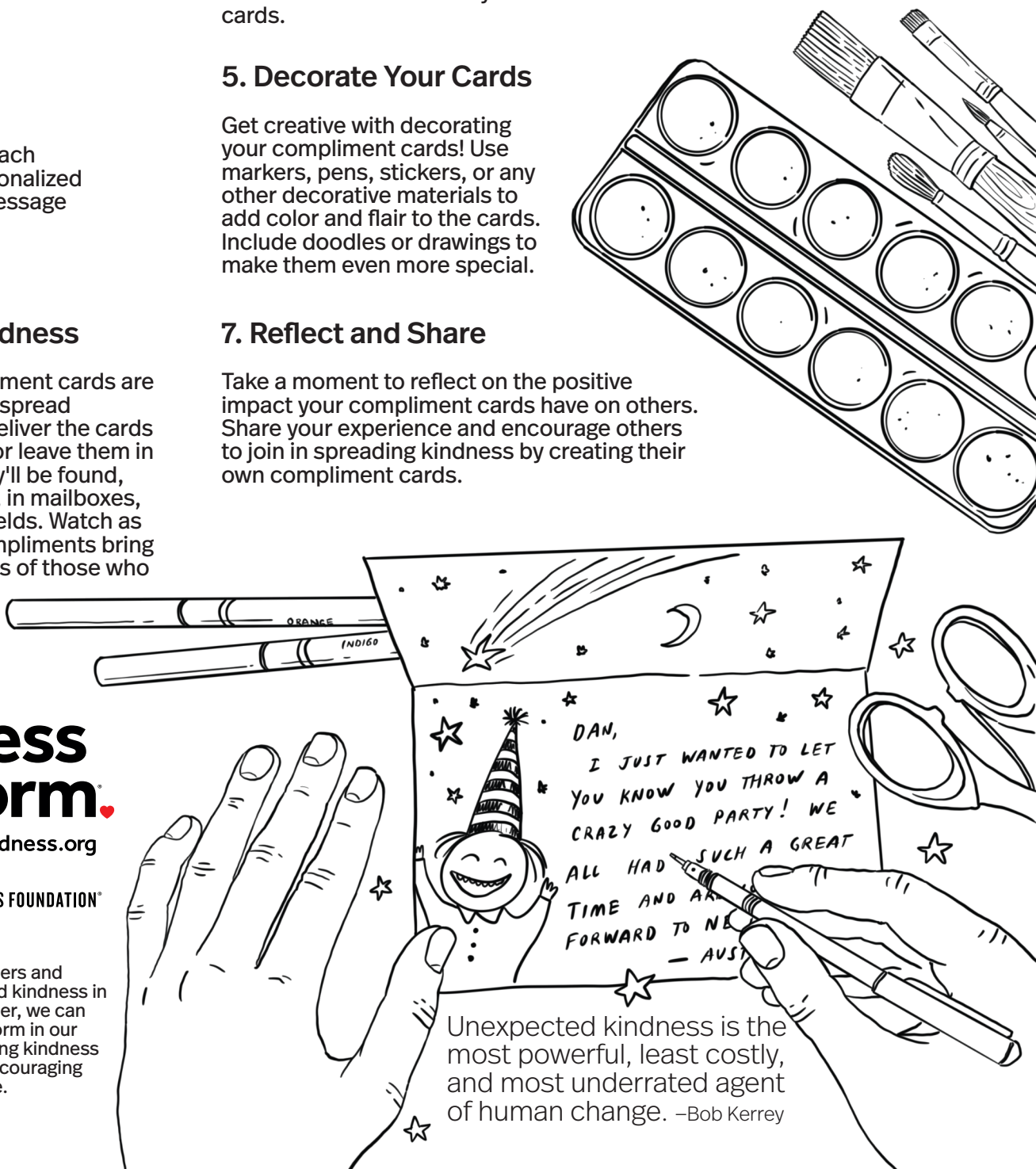
7. Reflect and Share

Take a moment to reflect on the positive impact your compliment cards have on others. Share your experience and encourage others to join in spreading kindness by creating their own compliment cards.

**make
kindness
the norm** 
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RANDOM ACTS OF KINDNESS FOUNDATION®

Share the joy with others and inspire them to spread kindness in their own way. Together, we can make kindness the norm in our communities by sharing kindness with strangers and encouraging others to do the same.



Unexpected kindness is the most powerful, least costly, and most underrated agent of human change. —Bob Kerrey