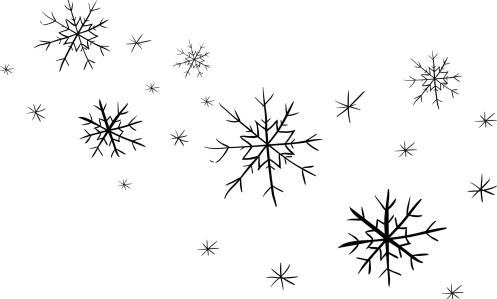


RAK Ambassador

WINTER TOOLKIT



RANDOM ACTS OF KINDNESS FOUNDATION.

www.randomactsofkindness.org

"kindness is like snow. it beautifies everything it covers."

- russian proverb

DOWNLOAD THIS SEASON'S RAKTIVIST RESOURCES:

- 1 WINTER-THEMED KINDNESS IDEAS
- 2. EXCLUSIVE RAKTIVIST ADVENT CALENDAR
- 3. RAK DAY COLORING SHEFT
- 4. FUTURE YOU WRITING PROMPT



SHARE YOUR IDEAS AS INSPIRATION FOR OTHERS! TAG US, AND USE HASHTAG #BECOMEARAKTIVIST!

@RAKFOUNDATION @



@THERANDOMACTSOFKINDNESSFOUNDATION



winter-themed kindness ideas

MAKE KINDNESS THE NORM AT HOME, IN SCHOOL, AND IN YOUR COMMUNITY. IT'S WHAT BEING A RAKTIVIST IS ALL ABOUT!







SPEND THE DAY MAKING SNOWMEN OUTSIDE OF A NURSING HOME.



SHOP LOCAL AND SUPPORT SMALL BUSINESSES.



USE RECYCLABLE BROWN PAPER TO WRAP GIFTS.

SHARE YOUR GOOD DEEDS WITH THE WORLD BY TAGGING US ON SOCIAL MEDIA!



24 DAYS OF KINDNESS

SPREAD KINDNESS AND CHEER THIS HOLIDAY SEASON!

ADD	Y	00	JR	01	۷N
IDEA	S	HE	ER	E!	-

	START YOUR DAY OFF WITH A KINDNESS IDEA.	FEED THE BIRDS!	BUILD SNOWMEN OUTSIDE OF A NURSING HOME.	MAKE HOMEMADE CARDS AND MAIL THEM.	SHARE A KINDNESS QUOTE.	HELP SHOVEL SNOW.
	CLEAN SNOW OFF OF CARS.	ENJOY A CUP OF HOT COCOA.	START A WORKPLACE KINDNESS CHALLENGE.	DONATE TO YOUR LOCAL FOOD PANTRY.	DONATE SOCKS TO A HOMELESS SHELTER.	LEAVE A HAPPY NOTE FOR A STRANGER TO FIND.
_	MAKE AND HIDE A KINDNESS ROCK.	SMILE AT EVERYONE.	PICK UP LITTER.	PLAN A GAME NIGHT WITH FAMILY & FRIENDS.	INVITE A FRIEND TO BECOME A RANDOM ACTS OF KINDNESS ACTIVIST (RAKTIVIST)	USE RECYCLED BROWN PAPER TO WRAP GIFTS.
- S	INFUSE MORE KINDNESS AT HOME.	LEAVE A GIFT FOR YOUR MAIL CARRIER.	HAVE A SPONTANEOUS DANCE PARTY!	SHARE YOUR FAVORITE BOOK WITH SOMEONE.	TEXT SOMEONE GOOD MORNING OR GOOD NIGHT.	SHOP LOCAL.

RANDOM ACTS OF KINDNESS FOUNDATION

www.randomactsofkindness.org

ENJOY THIS EXCLUSIVE RAKTIVIST RESOURCE!

Random Acts of Kindness Day 2023

RANDOM ACTS OF KINDESS DAY IS FEBRUARY 17, 2023!

DOWNLOAD AND PRINT THIS YEAR'S RANDOM ACTS OF KINDNESS DAY POSTER!



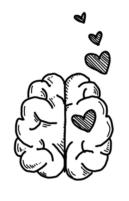


visit randomactsofkindness.org/rak-day

SHARE YOUR CREATIVITY ON THE RAKTIVISTS' FACEBOOK PAGE, OR EMAIL US AT INFO@RANDOMACTSOFKINDNESS.ORG

rak ambassador winter writing prompt

YOUR FUTURE SELF WANTS TO HEAR FROM YOU! FUTUREME LETTERS ARE GREAT FOR...



RELIVING MEMORIES
IN VIVID DETAIL



ACKNOWLEDGING GROWTH AND ACHIEVEMENTS



SETTING GOALS FOR THE FUTURE



DECLUTTERING YOUR MIND TO FIND MORE HEADSPACE

VISIT <u>FUTUREME.ORG</u>, WRITE YOUR LETTER, CHOOSE A RECEIVING DATE, AND SEND!