



PICK UP LITTER.

GIVE OTHERS THE BENEFIT OF THE DOUBT.



DRINK A GLASS OF WATER.



READ WITH A CHILD.



<u>)MPLIMENT</u> WITH RECKLESS ABANDON.

DONATE BLOOD.

ACKNOWLEDGE SOMEONE WHO DESERVES PRAISE.



THANK A TEACHER.

SUPPORT LOCALLY OWNED BUSINESSES.

OPEN DOORS FOR OTHERS.







RANDOM ACTS OF KINDNESS DAY

FRIDAY, FEBRUARY 17TH



SHARE YOUR **FAVORITE SONG** WITH SOMEONE.



TEXT SOMEONE A POSITIVE MESSAGE.



PLACE ENCOURAGING STICKY NOTES IN PUBLIC AREAS.

GO FOR A LONG WALK.



ENCOURAGE A FRIEND.

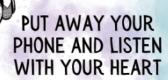


MAKE KINDNESS THE NORM!





<u>Laugh</u>until Your BELLY HURTS.





SEND A THANK YOU NOTE

LOVE WHO YOU ARE.



RANDOMACTSOFKINDNESS.ORG