

Courage

This month we are focusing on Courage. If you are following us on social media, we have weekly posts focusing on courage for both elementary and secondary students. However, these activities allow you to infuse your classroom daily if desired. All of these activities are specifically designed to work in a distance learning environment.

Mini Lessons

Whole Class Lesson

30 minutes



Courage and Distance Learning

As a class, discuss how it feels to interact in an online classroom. How do you use courage to speak up and share answers, ideas, and opinions? How can we use kindness to encourage others to feel safe and empowered in our classroom?

At Home

15 minutes



Courage to Me

Have each student bring in something that represents courage to them personally. Each student will share what they brought and explain why they chose it. Discuss how it takes vulnerability to allow the class to share in personal aspects of your life.

For Partners

15 minutes



Courageous Moments

Divide into pairs. What is the most courageous thing you've ever done? Share one courageous moment with your partner! Why was it so hard? How did you press through?

For Individuals

15 minutes



Humble Observations

Write a paragraph illustrating at least one example of humility you have observed within your community. Examples include building others up, service work, and kindness in the face of anger. Make sure to explain not only what you observed, but the reactions of those around them.

Technology-Focused

15 minutes



Courageously Me

How do you represent yourself online? If you have social media, do your posts reflect real life? If you play live, online games, are you honest about who you are without oversharing? It takes courage to be yourself in every venue, but it's also important not to overshare when in public, online settings. Guide a discussion on how to be genuine without oversharing and why that is important. (What I share is there forever, some people may use my personal information to harm me, etc.)