Responsibility Top Ten

Lesson Timeframe
25-30 mins

Materials
- Paper and Pencils
- Responsibility poster (optional)

Share
Define responsibility: RESPONSIBILITY IS BEING RELIABLE TO DO THE THINGS THAT ARE EXPECTED OR REQUIRED OF YOU. (Share the responsibility poster if desired.) This means you can be trusted! People know that what you say is what you will do. You show up and do what is needed; people can count on you. As a group, brainstorm some ways in which you can show others they can count on you.
- What actions help others to know they can count on you?
- What kind of example can you set for others so they feel positive about finishing their responsibilities, too?

Aim for 2-3 volunteers of varying ages.

Inspire
We must work together to get ready and leave our homes each and every morning. Our parents, siblings, and other people we live with rely on us to take care of our own needs so that they can focus on theirs. In addition, we are all responsible for different things so that everything doesn’t fall to just one person. We divide up the responsibilities and everyone does their fair share. We all are responsible for doing what we say we will do; others are counting on us!

Today we will work together in small groups to create a Top Ten list of at-home responsibilities we have each and every morning. You might be surprised to see just how much you do and how helpful you are!

Empower
Divide your group into smaller groups of 6-8 students. Make sure each group has at least one student that is able to write. Each group will create a Top Ten list that answers this question: What are you responsible for when getting ready for school?
- Allow each group to share their top three with the entire group. If time allows, combine all the lists to create a whole group Top Five!

Reflect
Guide a discussion on how RESPONSIBILITY helps others around you.
- What are your main responsibilities at home?
- What are the adults in your household responsible for?
- How do your chores help out your entire family/household?
- How can you help someone who is struggling to finish something they are responsible for?

© The Random Acts of Kindness Foundation. All Rights Reserved. www.randomactsofkindness.org