

# Cause and Effect

KINDNESS BEYOND THE CLASSROOM™  
SMALL GROUP • OPTION 1 • RESPONSIBILITY

## Lesson Timeframe

25-30 mins

## Materials

- Paper and Pencils
- Responsibility poster (optional)



## Share

Define responsibility: RESPONSIBILITY IS BEING RELIABLE TO DO THE THINGS THAT ARE EXPECTED OR REQUIRED OF YOU. (Share the responsibility poster if desired.) This means people can count on you! You say what you do and do what you say. Let's practice responsibility by working together to finish these sentences:

When I wake up, I am responsible for \_\_\_\_\_.

When I make a snack, I am responsible for \_\_\_\_\_.

When I come home from school, I am responsible for \_\_\_\_\_.

When my teacher asks me to do something, I am responsible for \_\_\_\_\_.



## Inspire

Sometimes it can be difficult to follow through on all of our responsibilities. We might feel tired, or bored, or rushed. However, each and every responsibility is given to us for a reason. Others rely on us to follow through. When we ignore our responsibilities, it affects other people too. We become unreliable. For example, if you decide not to do the dishes after dinner, there will not be any clean dishes for breakfast the next day. Today we will explore the cause and effect of our responsibilities.



## Empower

Divide your group into smaller groups of mixed ages. Make sure to have one adult or teen leader in each group if possible. Each group will discuss the following:

- What is one main responsibility we all have at school?
- What might happen if we do not follow through with this responsibility and are unreliable?
- What is the most important responsibility our teachers have?
- What might happen if they do not follow through and are not reliable?
- If desired, ask a scribe to write down the answers to the questions within their group to share later.



## Reflect

Guide a discussion on RESPONSIBILITY and RELIABILITY.

- How are responsibility and reliability connected?
- How can we show others that we are reliable?
- What can we do if we forget something we are responsible for?

