

Responding with Kindness Role Plays

KINDNESS BEYOND THE CLASSROOM™
KINDNESS BOOST • OPTION 3 • RESPONSIBILITY

Lesson Timeframe

25-30 mins

Materials

- ❑ Scenario Cards (see below)
- ❑ Responsibility poster (optional)



Share

Discuss the connection between KINDNESS and RESPONSIBILITY. Define responsibility: RESPONSIBILITY IS BEING RELIABLE TO DO THE THINGS THAT ARE EXPECTED OR REQUIRED OF YOU. (Show the Responsibility poster if desired.) We can practice kindness by responding to others in a kind way, even if they are rude or unkind.

As a group, brainstorm ways to respond with kindness when someone chooses to exclude you from a game. Ask for volunteers. Aim for 2-3 people from varying age groups.



Inspire

The first part of the word RESPONSIBILITY is actually RESPONSE. A response is another word for choice. We can respond kindly or meanly. We can choose kindness or choose meanness. You have this choice many times throughout the day! Think back to when each of us arrived here today. What choices did you make? How were you able to respond with kindness when you got here? Not all situations are as easy though. Sometimes it can be very challenging to respond with kindness.

Today we will act out ways to respond with kindness when others chose to be mean, unkind, and even irresponsible.



Empower

Divide the group up into teams of 5-8 of mixed ages and abilities. Each group will have 5 minutes to create a role play based on the scenario card they are provided. Make sure you cut off time at 5 minutes to keep things moving along.

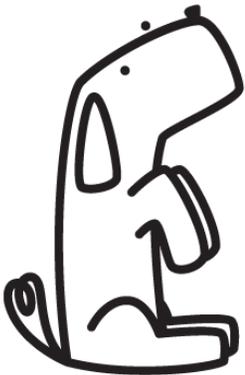
Allow each group time to present their role play.



Reflect

Guide a discussion on how to RESPOND with KINDNESS.

- What are some ways we can respond with kindness even when someone is mean to us?
- How can we use kindness to help others to be more responsible?
- How does it feel when someone responds to you with kindness even though you are being mean and might not “deserve” it?



<p style="text-align: center;">SCENARIO 1</p> <p>A group of kids are playing a game at school and won't let you join in.</p>	<p style="text-align: center;">SCENARIO 2</p> <p>You and your friend arrive at the park and a group of kids tells you to go home.</p>	<p style="text-align: center;">SCENARIO 3</p> <p>You are working on your homework with several other students and one of them calls you a mean name because you don't understand the assignment.</p>	<p style="text-align: center;">SCENARIO 4</p> <p>You are put in a new reading group at school and no one will help you understand what the book they have been reading is about.</p>
<p style="text-align: center;">SCENARIO 5</p> <p>You go to the roller skating rink and a group of kids makes fun of you because you tripped.</p>	<p style="text-align: center;">SCENARIO 6</p> <p>You see kids leaving a mess in the lunchroom and not picking up after themselves like they are expected to.</p>	<p style="text-align: center;">SCENARIO 7</p> <p>Your sibling is always slow to get ready for school and it makes you late to the bus stop which makes you anxious and upset.</p>	<p style="text-align: center;">SCENARIO 8</p> <p>You and your brother are supposed to clean the room that you share but he just sits on his bed and listens to music.</p>