

Spaceman

KINDNESS BEYOND THE CLASSROOM™
SMALL GROUP • OPTION 2 • INTEGRITY

Lesson Timeframe

15-20 mins

Materials

- ☐ Whiteboard/Markers OR
- ☐ Paper/Pencil
- ☐ Integrity poster (optional)



Share

Define integrity: INTEGRITY IS ACTING IN A WAY THAT YOU KNOW TO BE RIGHT AND KIND IN ALL SITUATIONS. (Show the Integrity poster if desired.) Discuss that integrity starts with honesty. It is important to choose honesty all the time, even if you think you can “get away with something” or “not get caught”. Brainstorm ways to be honest when you are given chores at home. (Following through, taking pride, etc.) Aim for 2-3 volunteers of varying ages.



Inspire

Discuss the connection between temptation and integrity. We are tempted by things every day. Some of these temptations are fun and positive: We are tempted to ask someone to be our new friend, we are tempted to try a new sport because we see others playing, etc. However, temptation can also make us want to do things that we know are not right or kind. The following are some examples:

- Seeing cookies on the counter and being tempted to take one without permission.
- Being tempted to skip your chores since no one is around to check on you.
- Being tempted to copy your homework from a friend so you can go outside and play when you get home.



Empower

Divide your group into two teams based on age (PK-2 and 3-5). Play “Spaceman” with each group. Here are the directions for this game:

- Choose a phrase (for the lower grades use, “Do what is right and kind”; for the upper grades use, “What is Integrity?”).
- Draw a line _ for each letter in your phrase. Make sure you leave spaces between words: _ _ _ _ _
- Start with a giant rectangle above the phrase.
- Invite each student in your group to choose one letter. If the letter appears in your phrase, add it. If not, write it off to the side and add one attribute to your “snowman” (the body, the mid-body, one arm, etc.). The goal is for the group to guess the phrase BEFORE you complete the snowman.



Reflect

Share your phrase from the snowman game with the other group (The phrases used answer each other; What is integrity? Doing what is right and kind in every situation!)

Guide a discussion on INTEGRITY:

- What is integrity?
- How are honesty and integrity connected?
- Why is it important to do what is right and kind, even when you are alone?
- What can you do if you are tempted to be dishonest in a situation when you probably won't get in trouble?

