

Kindness Posters

KINDNESS BEYOND THE CLASSROOM™
KINDNESS BOOST • OPTION 2 • RESPECT

Lesson Timeframe

25-30 mins

Materials

- ❑ Will vary depending on the act of kindness you vote on doing
- ❑ Respect poster (optional)



Share

Discuss the connection between KINDNESS and RESPECT. Define Respect: RESPECT IS TREATING PEOPLE, PLACES, AND THINGS WITH KINDNESS. (Show the Respect poster if desired.)

As a group, identify kind behaviors that demonstrate respect for our things. How does it feel when a friend treats your toys/stuff kindly? How do you treat your classroom with kindness? Ask volunteers to share one way to demonstrate kindness when using art supplies (be gentle, replace caps, etc). Aim for 2-3 volunteers of varying ages.



Inspire

When we are kind to our space, we are naturally showing respect for it. Our space includes the rooms we use, the building we are in, and even the town where we live! We have many opportunities to be kind each and every day. Today we will practice showing our building some kindness.

Choosing to be kind in how you treat your space is one way we show respect for our things. As a whole group, brainstorm examples of kind actions that might help your specific building and outdoor area.



Empower

Using the examples brainstormed above, vote as a whole group on 2-3 specific actions you would like to encourage in your space, building, campus, etc. Divide the group up into smaller, mixed age groups of 3-4 students. Each group will work to create a poster highlighting one way to show respect for your space, building, etc. Note: you may have several posters for each action you choose depending on your group size.

Make sure that every student is able to participate in your kind poster creations. Pair older students with younger students to help them as needed. Encourage younger students to draw pictures if writing is not yet possible.



Reflect

It is just as important to respect our space through kind actions as it is to respect others with kind words.

- What are some ways people may accidentally disrespect our space?
- How can we use kindness to help others to treat our space more kindly?
- What are some ways you can use kindness to make our community a little better each day?

