

Integrity



Our Young Kindness in the Classroom lessons teach kindness skills through a combination of literacy, math and science, citizenship, and music/movement activities that allow our youngest students a chance to explore difficult abstract concepts through a variety of concrete opportunities.

This unit is the fourth of our six-unit series, which lasts six months. If your school operates year-round, this cycle can be used during the second half of the year for your younger 3-5 year old class. In addition, this cycle can be used at the beginning of the year for your older 4-6 year old group. The focus at this age is exposure to three basic components of integrity (honesty, trust, and kindness) and ample time to practice skills related to this concept.

Overview of Caring Unit

This packet contains everything you will need to complete this four-week unit. This is broken down into three core components:

- **Unit Overview** This includes a snapshot of everything covered in the following four learning domains:
 - **Literacy** There are 4 read-alouds PLUS activities and printables
 - **Math/Science** Counting, Patterns, Experiments, etc.
 - **Citizenship/Social Studies** Our themed RAK character will take students through community-based INTEGRITY and HONESTY activities
 - **Music & Movement**- Rhymes, fingerplays, chants, etc. to reinforce INTEGRITY
 - ONE **PROJECT** IS ALSO INCLUDED EACH WEEK!
- **Weekly Plans** Each week includes all 4 domains and covers the following themes:
 - Week 1: **Honesty, Kindness**
 - Week 2: **Honesty, Trust**
 - Week 3: **Honesty, Trust, Integrity**
 - Week 4: **Honesty, Integrity, Safety**
- **Printables** Each learning domain includes at least one printable to help reinforce the concept and practice basic fine and gross motor skills. The INTEGRITY unit includes the following:
 - I is for INTEGRITY coloring sheet (**Literacy**)
 - Making Change (**Math**)
 - Vase Puzzle Reconstruction (**Critical Thinking**)
 - Honesty is Best Song Sheet (**Music & Movement**)
 - **And more..!**

Integrity

RAK Concept: Integrity	Read Aloud/ Literacy	Math/Science	Social Studies/ Citizenship RAK ANIMAL- Izzy the Sheep & Harry the Hen	Music & Movement
Week 1 Themes: Honesty, Kindness PROJECT- "H" is for Honest Popsicle Sticks	<i>Betty Bunny Didn't Do It!</i> by Michael B. Kaplan https://youtu.be/Gqob0Kcel0Y	Vase Puzzle- Cut and Paste	Izzy and Harry break something and choose to be honest.	Honesty Red Rover
Week 2 Themes: Honesty, Trust, PROJECT- Hello Signs	<i>Hello, Goodbye, and A Very Little Lie</i> by Christianne Jones https://youtu.be/ouRF1A5pUCE	Truth Tracks	Izzy and Harry meet a new friend at the park and work hard to be honest when they introduce themselves.	Hello, Introduction Song
Week 3 Themes: Honesty, Trust, Integrity PROJECT: Money Purse	<i>Little Croc's Purse</i> by Lizzie Finlay https://www.youtube.com/watch?v=YgcaUncr1ww	Making Change game	Izzy and Harry find a toy on the playground and decide what to do.	Honesty's the way to go! Rhyme
Week 4 Themes: Honesty, Integrity, Safety PROJECT: Handprint sheep craft	<i>Boy Who Cried Wolf</i> retold by B.G. Hennessy https://www.youtube.com/watch?v=gKWktweAZb0	Counting Sheep game	Izzy starts telling stories and Harry helps her choose honesty instead.	Honesty Means Tell The Truth

Integrity Week 1

Theme: Honesty, Kindness

Book of the Week: *Betty Bunny Didn't Do It!* by Michael B. Kaplan

Materials: Book of The Week, VASE PUZZLE printable, construction paper, decorative art supplies, large popsicle sticks, glue sticks, sharpie

Literacy



Share

Read *Betty Bunny Didn't Do It!* by Michael B. Kaplan

Read Aloud Link: <https://youtu.be/GqoboKcel0Y>

Together, discuss Betty Bunny's choice to lie. At first, she doesn't understand why lying is bad. After she learns about honesty, she happily tells the truth!

Math & Science



Inspire

VASE PUZZLE: Using the printable below, have students cut out the pieces of the vase and glue them together in the correct pattern on a piece of construction paper. To help them, draw the outline of the vase on the construction paper to guide them. It can be hard to be honey when we break something, but it is always best to be honest FIRST.

Citizenship & Social Studies



Empower

Introduce IZZY the Sheep with INTEGRITY and her best friend HARRY the HONEST HEN. For some of you, Izzy and Harry may be familiar! Izzy and Harry always travel together with Harry on Izzy's back. Integrity and Honesty go together, just like they do! Izzy and Harry will follow us this entire month. Whenever we see IZZY (choose a SHEEP), and HARRY (choose a HEN) we think of INTEGRITY and HONESTY. **Read WEEK 1 of the 'ZZY and HARRY script located at the end of this unit.**

Music & Movement



Reflect

Using the Sing-Along sheet at the end of the unit, chant the following:

Honesty Red Rover

by Lisa Rose

plays like traditional 'Red Rover'

Form 2 teams.

Each team will hold hands, and face the other team.

Play outside to allow room to run between teams.

Start by the teacher calling a student by saying:

Red Rover, Red Rover,

Send Honest _____(insert child's name) right over!

The student leaves their team and tries to break through the other team's chain.

OPTIONAL PROJECT



Project

Write a large 'H' at the top of one side of a big popsicle stick and HONESTY on the other side for each student. Give them jewels, stickers, beads, etc. to allow them to decorate their sticks. Place the sticks in a cup and take one out throughout the week and chant 'H' is for? HONESTY!

Integrity Week 2

Theme: Honesty, Trust

Book of the Week: *Hello, Goodbye, and A Very Little Lie* by Christianne Jones

Materials: Book of The Week, linking cubes, sharpie, cardstock, scissors, liquid glue, string

Literacy



Share

Read *Hello, Goodbye, and A Very Little Lie* by Christianne Jones

Read Aloud Link: <https://youtu.be/ouRF1A5pUCE>

Together, discuss all the little lies Larry tells. Why does he always run away afterwards? Do you think he knows he is lying?

Math & Science



Inspire

TRUTH TRACKS: pass out 2-3 linking cubes to each student. Create Truth Tracks together. Starting with the teacher, each person says one TRUE thing about themselves. (I have 3 brothers, I have blonde hair, I went to visit my family this weekend, etc.). Every TRUTH adds one link to our truth tracks. 10 links and we start on the other side. How long can our Truth Tracks be? Count them at the end!

Citizenship & Social Studies



Empower

IZZY and HARRY met someone new today, but they are struggling with making up stories, which is super hard sometimes! They work hard to choose INTEGRITY and HONESTY Whenever we see IZZY (show sheep), and HARRY (show hen) we think INTEGRITY and HONESTY. **Read WEEK 3 of the 'IZZY and HARRY script' located at the end of this unit.**

Music & Movement



Reflect

Using the Finger Play sheet at the end of the unit, chant the following:

Hello, Introduction song

by Anonymous

(to the tune of Frere Jacques)

Teacher:

I'm Ms./Mr. (name), I'm Ms./Mr. (name)

That's my name, That's my name.

Glad to see you here,

(shake hands)

Glad to see you here.

(shake hands)

What's your name? What's your name?

See printout for Student part

OPTIONAL PROJECT



Project

Write HELLO on a small piece of cardstock. Have each student trace and glue string on top of each letter. If desired, punch a hole to make it into a sign to wear! Practice saying hello and doing honest introductions all week!

Integrity Week 3

Theme: Honesty, Trust, Integrity

Book of the Week: *Little Croc's Purse* by Lizzie Finlay

Materials: Book of The Week, scissors, tape, small counters (or small blocks, etc.), felt, string

Literacy



Share

Read *Little Croc's Purse* by Lizzie Finlay

Read Aloud Link: <https://www.youtube.com/watch?v=YgcaUncr1ww>

As a class, talk about the purse. What did the Little Croc do with it? What did her friends want her to do? What would you do if you found something?

Math & Science



Inspire

MAKING CHANGE: Using the printable below, cut out the labels, tape them onto toys and place them in front of you during circle time. Play "store" by giving each student counters (or small blocks, etc.) as money and have them each come up and "buy" something by counting out the correct "change".

Citizenship & Social Studies



Empower

IZZY and HARRY are back! Izzy and Harry always choose honesty and integrity, even when no one else is around. Izzy and Harry aren't sneaky, but sometimes it can be tempting. Whenever we see **IZZY** and **HARRY**, we think of **INTEGRITY** and **HONESTY**. Izzy and Harry decide to choose integrity and honesty with something they found this week. **Read WEEK 3 of the IZZY and HARRY script located at the end of this unit.**

Music & Movement



Reflect

Using the Finger Play sheet at the end of the unit, chant the following:

Honesty's the Way to Go

by Lisa Rose

(To the Tune of "Eeny, Meeny, Miny, Moe")

Eeny, Meeny, Miny, Moe,

(point to others.)

Honesty's the way to go.

(nod your head up and down.)

Tell the truth both fast or slow,

(run fast and slow)

Eeny, Meeny, Miny, Moe.

(Point to others.)

OPTIONAL PROJECT



Project

Cut 2 pieces of felt into congruent rectangles for each student. Punch holes along the edge of the felt. Tie a piece of string on one end (make sure the string goes through both pieces of felt). Tape the other end of the string and have students sew a change purse. If desired, use leftover felt to create "change" for each purse! Remind students what to do if they find a lost change purse. We practice **INTEGRITY** and **HONESTY**.

Integrity Week 4

Theme: Honesty, Integrity, Kindness

Book of the Week: *Boy Who Cried Wolf* retold by B.G. Hennessy

Materials: Book of The Week, counting blocks or legos, one die, black construction paper, white tempera paint, glue

Literacy



Share

Read *Boy Who Cried Wolf* retold by B.G. Hennessy

Read Aloud Link: https://www.youtube.com/watch?v=1axKaW61_78

Together, talk about the choices the boy made when he was bored. What happened the first two times he lied? What happened in the end?

Math & Science



Inspire

COUNTING SHEEP: Give each student a copy of the printable below and a stack of 10 small blocks/legos. Roll the die and announce the number (1-6).

Hold up a number card if needed. Each student finds that number on the matching sheep and makes a tower using the blocks/legos. Continue until all sheep have block/lego backs!

Citizenship & Social Studies



Empower

Talk with IZZY and HARRY about how much your class has learned about integrity and honesty. Izzy and Harry always travel together with Harry on Izzy's back. Integrity and Honesty go together, just like they do! Even though this is our last week on Integrity and Honesty, Izzy and Harry will stay with us this year to remind us to always choose INTEGRITY and HONESTY. **Read Part 4 of the IZZY and HARRY script located at the end of this unit.**

Music & Movement



Reflect

Using the Sing-Along sheet at the end of the unit, chant the following:

Honesty Means- Tell The Truth

(to the tune of 'Mary had a Little Lamb')
By Liisa Rose

Honesty means- tell the truth

tell the truth,

tell the truth,

Honesty means tell the truth,

So speak up right away!

We choose kind words in all we do,

all we do,

all we do,

We choose kind words in all we do,

So tell the truth today!

OPTIONAL PROJECT



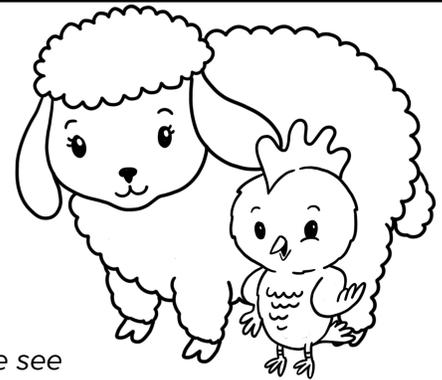
Project

Create handprint sheep. Trace each student's handprint onto black construction paper and have them cut it out. The fingers are the legs and the thumb is the mouth. Glue googly eyes on and add the "wool" with white paint and thumbprints.

Izzy and Harry Script- WEEK 1

Meet Izzy, a 4-year-old sheep that is part of our RAK family! Izzy always chooses integrity, which can be a big word for us! Integrity means doing what we know is right all the time, even when no one is around.

Like when your mommy makes cookies and leaves them on the counter! But Izzy has a special friend on her back, Harry the hen, her best friend that helps her. Harry is honest in everything he says and does. He always tells the truth! IZZY and HARRY are ALWAYS together, just like INTEGRITY and HONESTY. Izzy and Harry will follow us this entire month. Whenever we see



IZZY (show sheep) and Harry (show hen on sheep's back) we think about INTEGRITY and HONESTY. This week, Izzy and Harry are learning the difference between the truth and a lie after breaking a lamp in Izzy's living room. Izzy and Harry are playing catch inside the house, even though they are only supposed to play outside. Harry throws the ball and it accidentally hits the lamp, knocking it over! "Oh no! Let's get out of here before we get in trouble!" Harry shouts. "No, Harry. That isn't honest and doesn't show INTEGRITY," responds Izzy. "We need to do the right thing, which is telling the truth. We broke the rules and the lamp. Let's go tell my mom." Izzy and Harry tell her mom what happened. It was scary, but her mom didn't get mad. Instead, she thanked them for choosing HONESTY. Although they were not allowed to play with the ball for the rest of the day, they could still play together outside. Izzy and Harry made the right and kind choice by being honest. Have you ever broken something by accident? If so, were you able to speak up? It can be hard to tell the truth, but when we use INTEGRITY and HONESTY, others know that we can be trusted. How else can you be honest when playing?

Izzy and Harry Script- WEEK 2

Izzy and Harry are back! Who remembers IZZY'S INTEGRITY and HARRY'S HONESTY? Izzy shows integrity by doing what is right and kind all the time and Harry is honest by always telling the truth. Izzy and Harry are always on the hunt for ways to practice INTEGRITY and HONESTY. Izzy and Harry are at the park today! They meet a new friend named Coretta. Harry is excited to meet her and begins to introduce himself. "Hello Coretta, my name is Harry. Izzy is my sister, even though we don't look like each other." Izzy makes a sad face. "Sorry, Coretta, that's not quite true. Um, Harry, that would be super fun, but we are just friends." says Izzy. "We just met Coretta and I don't want her to be confused. I'm not Harry's sister, even though we are always together. He's my very good friend! Do you have any brothers or sisters?" Coretta understands and tells Harry and Izzy that she too has a good friend that is like a sister to her as well. The three of them continue playing for the rest of the afternoon, choosing to be honest with everything they say and do. Do you think Izzy should have said something after Harry lied about her being his sister? How do you think Coretta would have felt when she found out later that Izzy wasn't really Harry's sister? It can be fun to make up stories when we meet new friends, but it doesn't build trust. Remember, HONESTY is the best policy!

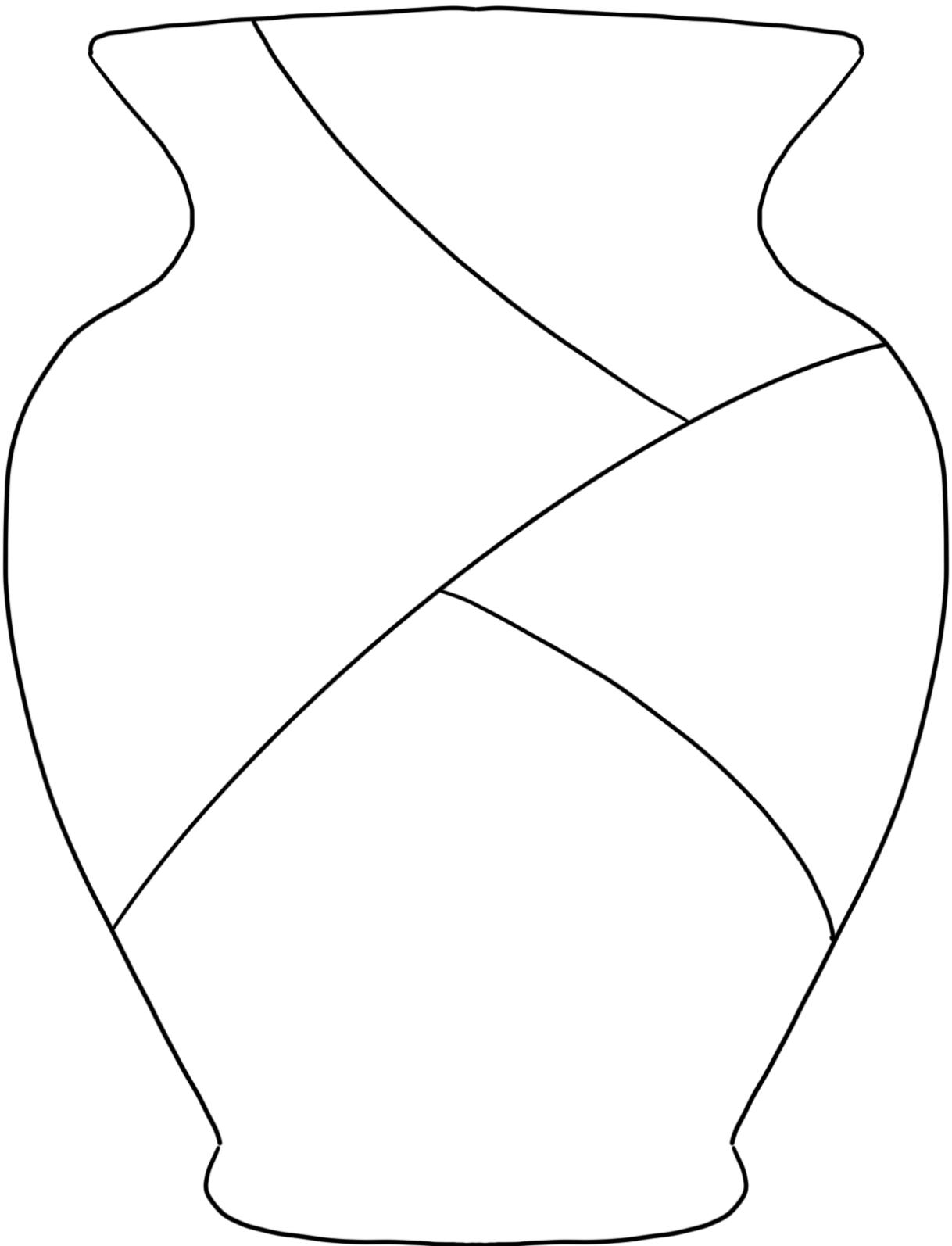
Izzy and Harry Script- WEEK 3

Izzy and Harry are at school today. Izzy and Harry are still working on INTEGRITY and HONESTY, but it's hard work! Let's see what they are up to during recess. Izzy sees a shiny new car on the ground by the slide. "Oh, wow! Look at this cool new car! It's my favorite color, too. Do you want to take turns playing with it Harry?" she asks. Harry thinks about it. The car looks so cool and he would love to try it out. "Well, I don't know Izzy. It's not ours and I bet someone lost it." he says. "We should take it to the teacher and see what she says." After recess, Izzy gives the car to her teacher Mrs. Turlington. "Oh, thank you so much you two! Raphael was missing the new car he got for his birthday last week. I think this is it!" she exclaims. "I know it was hard for you to make the choice to turn it in instead of play with it. Your INTEGRITY and HONESTY let me know that I can trust you in what you say and do, which is very important to me!" Izzy and Harry feel better about their choice. Although it was hard, they are happy that Raphael has his new toy back. They don't want their friend to be sad. Have you ever found a toy somewhere? Have you ever had to make a difficult choice about telling the truth? It can be difficult, but remember HONESTY is the best policy!

Izzy and Harry Script- WEEK 4

Izzy and Harry are at Harry's house today! They continue to work on INTEGRITY and HONESTY while working on a puzzle. Izzy starts telling Harry about her mother's new job. "My mom got the BEST new job! She tames tigers at the circus!" exclaims Izzy. "Wow! Really? Are you sure? I thought your mom was afraid of tigers?" asks Harry. "No, she's not scared anymore. She got over her fear last night. Sometimes she even rides home on the tiger so she can show me new tricks! Izzy continues. "Um, Izzy? I think you are telling a story." says Harry. "No, I'm not!" she shouts. "Yes, yes you are. I know telling stories can be super fun! But your mom is really scared of cats, especially tigers. She wouldn't even take us to the circus last month. We should always tell the truth and be honest when someone asks us if we are telling stories. That way we can trust each other." Izzy got quiet and thought about it. "But it would be so amazing if she was a tiger tamer!" she laughs. Harry laughs too and agrees. Harry really helped Izzy with HONESTY today. It can be tough to speak up when you catch a friend telling stories or lying. However, good friends practice HONESTY and INTEGRITY together. What else could Harry have said?

Directions: Color the vase below. Cut out along the black lines and then glue the vase back together on a piece of construction paper.





Honesty Red Rover

by Lisa Rose

plays like traditional 'Red Rover'

Form 2 teams.

Each team will hold hands, and face the other team.

Play outside to allow room to run between teams.

Start by the teacher calling a student by saying:

Red Rover,

Red Rover,

Send Honest _____(insert child's name) right over!

**The student leaves their team and tries to break through
the other team's chain of hands.**

If they break the chain, they must say one HONEST thing about
someone on the new team and then join hands with them

If they do not break the chain, they must say one HONEST thing
about themselves and go back to their own team.

Repeat until everyone has had a turn!



**Hello, Introduction song
by Anonymous
(to the tune of Frere Jacques)**

Teacher:

I'm Ms/Mr. (name), I'm Ms./Mr. (name)

That's my name, That's my name.

Glad to see you here,

(shake hands)

Glad to see you here.

(shake hands)

What's your name? What's your name?

Child:

I am (name), I am (name)

That's my name, That's my name.

I am glad to be here,

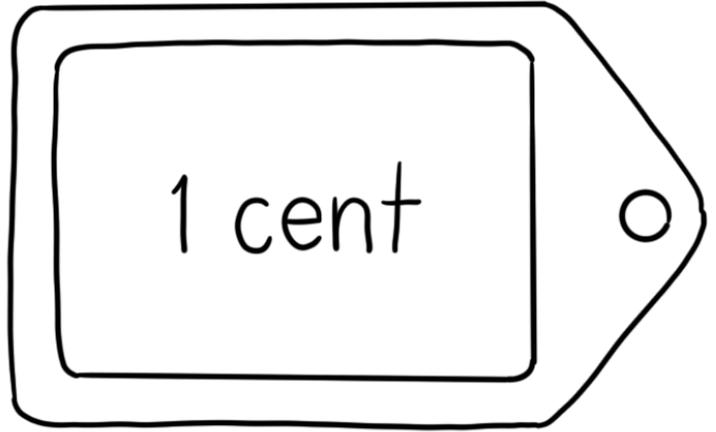
(shake hands)

I am glad to be here.

(shake hands)

At school today, at school today.

Directions: Cut the tags out and tape them onto toys in your school. Have students “buy” them using counters as change. They must make the correct change!





Honesty's the Way to Go

by Lisa Rose

(To the Tune of "Eeny, Meeny, Miny, Moe")

Eeny, Meeny, Miny, Moe,

(point to others.)

Honesty's the way to go.

(nod your head up and down.)

Tell the truth both fast or slow,

(run fast and slow)

Eeny, Meeny, Miny, Moe.

(Point to others.)



Honesty Means- Tell The Truth

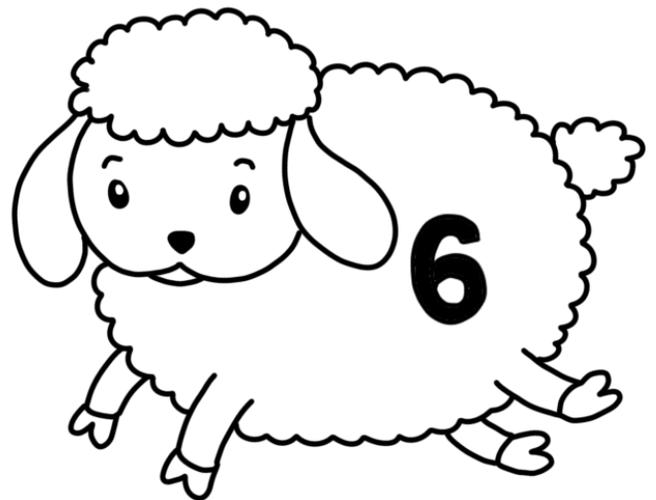
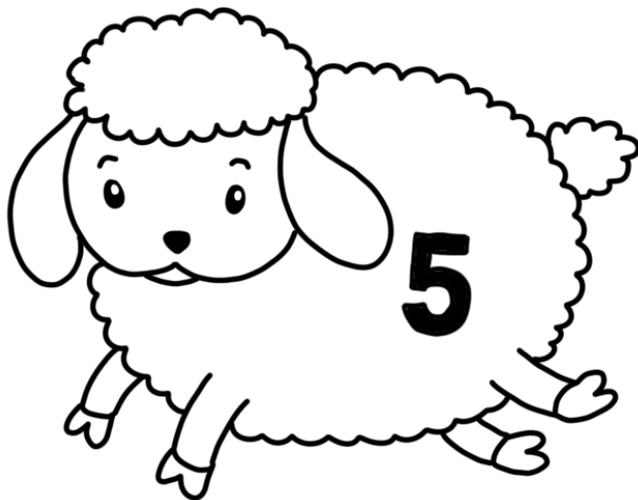
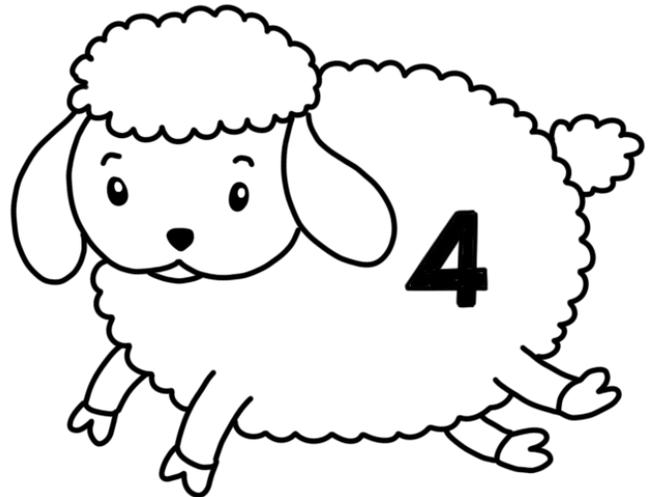
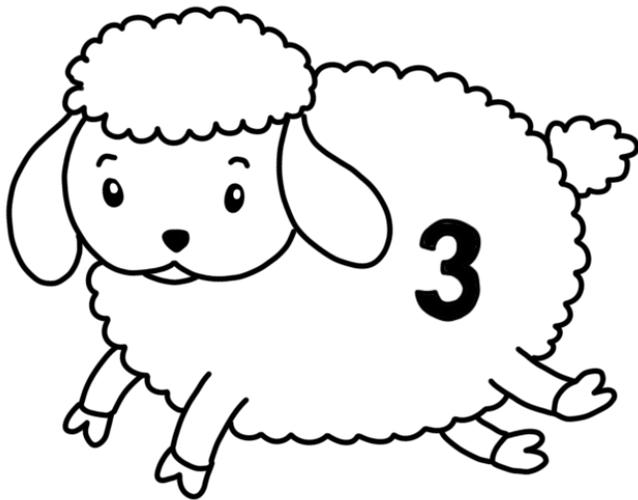
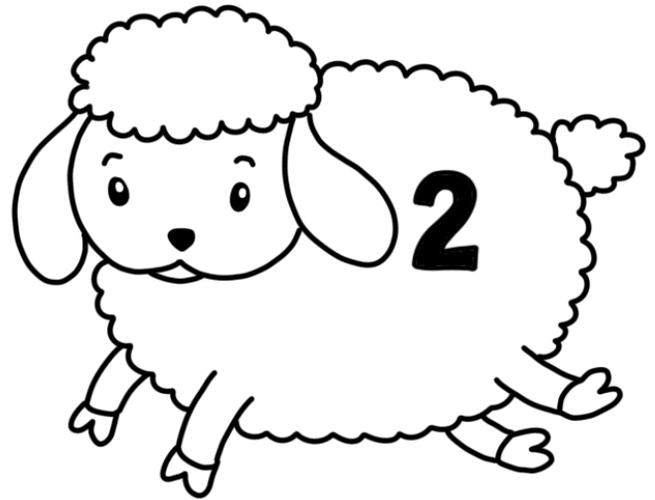
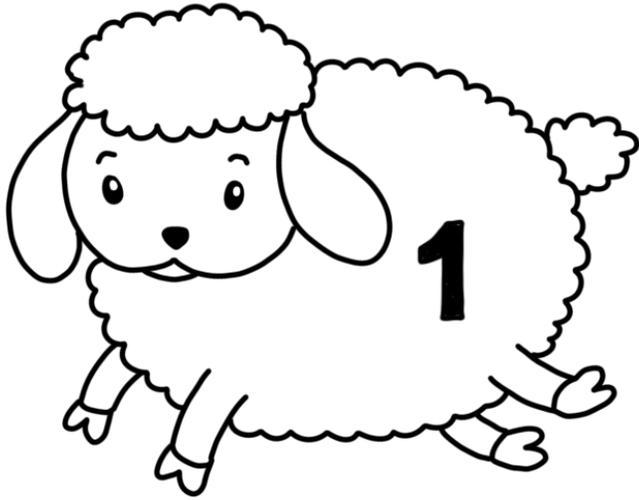
(to the tune of 'Mary Had a Little Lamb')

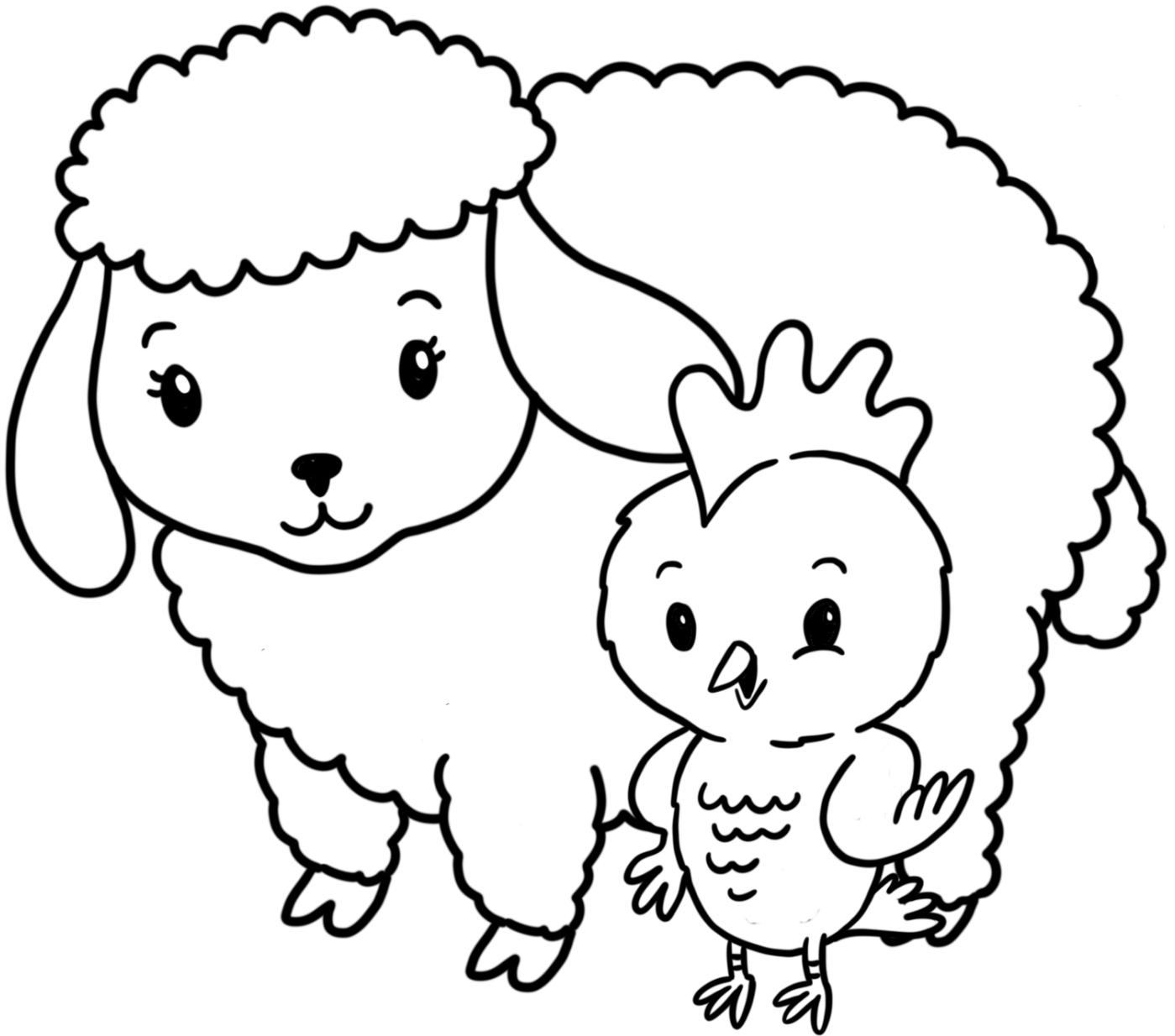
By Lisa Rose

**Honesty means tell the truth
tell the truth,
tell the truth,
Honesty means tell the truth,
So speak up right away!**

**We choose kind words in all we do,
all we do,
all we do,
We choose kind words in all we do,
So tell the truth today!**

Directions: Roll one die. Say the number aloud and show the large number card. Have each student build a lego tower with that number on top of the corresponding sheep below.





I is for Integrity