

Inclusiveness

Our Young Kindness in the Classroom lessons teach kindness skills through a combination of literacy, math and science, citizenship, and music/movement activities that allow our youngest students a chance to explore difficult abstract concepts through a variety of concrete opportunities.



This unit is the third of our six-unit series, which lasts six months. If your school operates year-round, there is a second six-month cycle that will cover the same concepts, but at a higher level. The focus at this young age is exposure to basic levels of inclusiveness and ample time to practice skills related to this concept.

Overview of Inclusiveness Unit

This packet contains everything you will need to complete this four-week unit. This is broken down into three core components:

- **Unit Overview** This includes a snapshot of everything covered in the following four learning domains:
 - **Literacy** There are four read-alouds PLUS activities and printables
 - **Math/Science** Counting, Patterns, Experiments, etc.
 - **Citizenship/Social Studies** Our themed RAK character will take students through community-based INCLUSIVENESS activities
 - **Music & Movement** Rhymes, fingerplays, chants, etc. to reinforce INCLUSIVENESS
 - ONE **PROJECT** IS ALSO INCLUDED EACH WEEK!

- **Weekly Plans** Each week includes all 4 domains and covers the following themes:
 - Week 1: **Inclusiveness, Kindness**
 - Week 2: **Inclusiveness, Friendship**
 - Week 3: **Friendship, Inclusiveness, Teamwork**
 - Week 4: **Diversity, Inclusiveness**

- **Printables** Each learning domain includes at least one printable to help reinforce the concept and practice basic fine and gross motor skills. The RESPECT unit includes the following:
 - I is for INCLUSIVENESS coloring sheet (**Literacy**)
 - Fun with Patterns, Make a Map (**Math**)
 - Same but Different, Together They Can (**Science**)
 - Inclusive Isaac Stories (**Citizenship**)
 - Song Sheets (**Music & Movement**)
 - **And more..!**

Inclusiveness

| RAK Concept: Inclusiveness | Read Aloud/ Literacy | Math/Science | Social Studies/ Citizenship | Music & Movement |
|--|--|------------------------|---|--------------------------|
| <p>Week 1</p> <p><i>Themes:</i> Inclusiveness, Kindness</p> <p>PROJECT: Family Tree</p> | <p><i>Our Class is a Family</i> by Shannon Olsen https://youtu.be/rw9NstM1Q4E?si=IFFw1TD2wJDYVyaH</p> | Fun with Patterns | Making Everyone Feel Included | Families |
| <p>Week 2</p> <p><i>Themes:</i> Friendship, Inclusiveness</p> <p>PROJECT: Playground Rules</p> | <p><i>The Same But Different</i> by Karl Newson https://youtu.be/p9DB7LRNT6w</p> | The Same but Different | How to Play Fair | I'm Glad I'm Me |
| <p>Week 3</p> <p><i>Themes:</i> Friendship, Teamwork, Inclusiveness</p> <p>PROJECT: Fun with Puzzles</p> | <p><i>Together We Can</i> by Caryl Hart and Ali Pye https://youtu.be/fEKZE7pCNlc</p> | Together They Can! | Isaac and the Farm Animals Welcome Baby Chicks! | If You're Friendly... |
| <p>Week 4</p> <p><i>Themes:</i> Diversity, Inclusiveness</p> <p>PROJECT: Treasure Hunt</p> | <p><i>Whoever You Are</i> by Mem Fox https://youtu.be/W8BtVuY02VU</p> | Make a Map! | Our Global Family | A Tiny Poem to the World |

Inclusiveness Week 1

Theme: Inclusiveness, Kindness

Book of the Week: *Our Class is a Family* by Shannon Olsen

<https://youtu.be/rw9NstM1Q4E?si=IFFw1TD2wJDYVyaH>

Materials: Book of The Week, Inclusive Isaac Script, Sing-Along

Literacy



Share

Read *Our Class is a Family* by Shannon Olsen

Read Aloud Link: <https://youtu.be/rw9NstM1Q4E?si=IFFw1TD2wJDYVyaH>

Together, discuss how your class is like a family.

Math & Science



Inspire

Fun with Patterns

Use this worksheet to help students create both repeating patterns and growing patterns. Connect this concept to inclusiveness by explaining that everything and everyone belongs, even if they can belong in different ways. Patterns are also like our experiences - sometimes we have the same experience over and over, like brushing our teeth every morning [a repeating pattern], and sometimes we build on our experiences over time (like going from preschool to Kindergarten to 1st grade to 2nd grade, etc.) - a growing pattern!

Citizenship & Social Studies



Empower

Introduce ISAAC the INCLUSIVE Cow. Isaac is always kind and inclusive of all the other animals. This means he works hard to make sure everyone belongs. How can you help others feel like they belong? **Read Part 1 of the INCLUSIVE ISAAC script located at the end of this unit.**

Music & Movement



Reflect

Using the Sing-Along sheet at the end of the unit, say the following rhyme:

Families

Author: [Kidsparkz](#)

Some families are large, (spread arms out wide)
Some families are small (bring arms close together)
But I love my family (cross arms over chest) best of all!

OPTIONAL PROJECT



Project

Family Tree

Give each student a family tree handout and invite them to draw the members of their family in the tree. These can be people who live with them or extended family or friends. Whoever is family to them can go on their tree.

Inclusiveness Week 2

Theme: Friendship, Inclusiveness, Problem Solving

Book of the Week: *The Same But Different* by Karl Newson <https://youtu.be/p9DB7IRNT6w>

Materials: Book of the Week, Inclusive Isaac Script

Literacy



Share

Read *The Same But Different* by Karl Newson

Read Aloud Link: <https://youtu.be/p9DB7IRNT6w>

As a class, discuss all the ways they are similar to each other and ways they are different.

Math & Science



Inspire

The Same but Different

Bring in pairs of objects that have both similarities and differences. As a class or in stations, have students discuss what is the same about both objects and what is different. Examples: Apples & Oranges, Salt & Pepper, Markers & Crayons, Socks & Shoes, etc.

Citizenship & Social Studies



Empower

Bring ISAAC THE INCLUSIVE COW to circle time. Isaac always shows inclusiveness. Whenever we see Isaac, we think of welcoming others and making them feel like they belong. Let's see how Isaac has shown inclusiveness today. **Read Part 2 of the INCLUSIVE ISAAC script.**

Music & Movement



Reflect

Using the Sing-Along sheet at the end of the unit, say the following rhyme

I'm Glad I'm Me

Original Author Unknown

No one looks the way I do.
I have noticed that is true!
No one walks the way I walk.
No one talks the way I talk.
No one plays the way I play.
No one says the things I say.
I am special!
I am ME!

There's no one else I'd rather be!

OPTIONAL PROJECT



Project

Playground Rules

Review the rules for how we can be kind and inclusive on the playground. If you don't have specific rules, create some with input from the kids. Have students draw pictures of their favorite thing to do on the playground.

Inclusiveness Week 3

Theme: Friendship, Inclusiveness

Book of the Week: *Together We Can* by Caryl Hart and Ali Pye <https://youtu.be/fEKZE7pCNlc>

Materials: Book of the Week, Inclusive Isaac Script, Sing-Along Sheet, Puzzles

Literacy



Share

Read *Together We Can* by Caryl Hart and Ali Pye

Read Aloud Link: <https://youtu.be/fEKZE7pCNlc>

Discuss all the ways we can be good friends to each other.

Math & Science



Inspire Together They Can

Pick a simple chemical reaction experiment, like watching vinegar and baking soda foam up when mixed, or cleaning tarnished copper pennies in a shallow bowl of vinegar, or watching a 2-liter of Diet Coke “explode” after you drop a Mentos (original flavor) into it (do that one outside or in a kiddie pool!). Show how when two different things come together, something new and exciting can happen.

Citizenship & Social Studies



Empower

Talk with ISAAC THE INCLUSIVE COW about how much your class has learned about inclusiveness. Isaac always shows inclusiveness. Whenever we see Isaac, we think about welcoming everyone in with open arms. Even though this is our last week of inclusiveness, Isaac will stay with us this year to remind us to always be welcoming. **Read Part 4 of the INCLUSIVE ISAAC script below.**

Music & Movement



Reflect

Using the Sing-Along sheet at the end of the unit, sing the following song

If You're Friendly...

(To the tune of "If you're happy and you know it")

If you're friendly and you know it,
clap your hands.

If you're friendly and you know it,
clap your hands.

If you're friendly and you know it,
and you really want to show it,

If you're friendly and you know it,
clap your hands!

OPTIONAL PROJECT



Project
Fun with Puzzles

Have students work in small groups to put together a puzzle. Emphasize teamwork and taking turns to get the job done. Together they can!

Preschool • Cycle 3

Week 4 Lessons

Inclusiveness Week 4

Theme: Diversity, Inclusiveness

Book of the Week: *Whoever You Are* by Mem Fox <https://www.youtube.com/watch?v=VSCbCuGxkVc>

Materials: Book of The Week, Inclusive Isaac script, Sing-Along, clear cups, water, food coloring

Literacy



Share

Read *Whoever You Are* by Mem Fox

Read Aloud Link: <https://www.youtube.com/watch?v=VSCbCuGxkVc>

Discuss all the different shades of color we have. Using a color chart, have kids describe the colors without using their color names (e.g. yellow = sun; green = grass).

Math & Science



Inspire

Make a Map!

Have kids practice their spatial awareness and basic map-making skills by having them draw a simple map of their bedroom. You can model this for them by drawing a map of your bedroom on the board. Then, in small groups or as a class, they can explain their maps to each other. Even though their bedrooms look different, they all need a place to sleep!

Citizenship & Social Studies



Empower

Talk with ISAAC THE INCLUSIVE COW about how much your class has learned about inclusiveness. Isaac always shows inclusiveness. Whenever we see Isaac, we think about welcoming everyone in with open arms. Even though this is our last week of inclusiveness, Isaac will stay with us this year to remind us to always be welcoming. **Read Part 4 of the INCLUSIVE ISAAC script below.**

Music & Movement



Reflect

Using the Sing-Along sheet at the end of the unit, read the poem by Kid President. If you want to show the video of Kid President reading his poem, go to this link: <https://www.youtube.com/watch?v=-JhwaRYOgxo>

OPTIONAL PROJECT

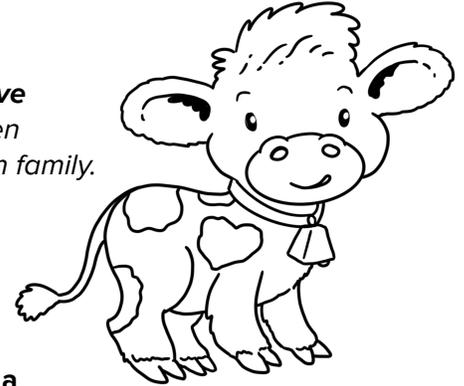


Project
Treasure Hunt!

Draw a simple map of the classroom on the board. Have prepared 2-3 “hidden treasure” items planted around the room. On your map, make an “X” where one of the items is hidden and select one or two students to see if they can find where “X marks the spot” and locate the hidden treasure. The rest of the class can encourage them or give them direction. Repeat this until all of the hidden items are found.

INCLUSIVE ISAAC Script- PART 1

*Hello Isaac! Class, you remember Isaac, right? Isaac is our friendly **inclusive** cow and he shows us how to invite everyone in, welcoming them with open arms. Isn't that wonderful? Today, Isaac wanted to tell us all about his farm family. Did you know that everyone on our kindness farm is part of a family? They are! Now, they aren't all cows, are they? Who lives on our kindness farm? ***Invite student responses.** Good! What other animals live on a farm? ***Invite student responses.** Why do you suppose Isaac calls these animals his family, even if they aren't all cows? ***Invite student***



responses; make connections to the book of the week and how you are a classroom family, even if you aren't actually related. Good! Do you know why our kindness farm animals can be such a good family? Because they make everyone feel welcome and included on the farm. If Raphael and Chloe are playing, they always ask if Isaac wants to join them. If Isaac is going to spend time out grazing in the field and enjoying the sunshine, he asks if anyone wants to come with him. They are a farm family! How do we make everyone feel included in our classroom family? ***Invite student responses.** Good! Now, sometimes Isaac wants to be alone in the field. He wants to take a nap or is feeling like he needs some time by himself. That is okay, too, isn't it? Sometimes in our own families, we would like some time all by ourselves. How can we tell others that we would like some alone time in a way that is kind? ***Invite student responses; may need to prompt or fill in answers.** Good! Just because we all belong and we are a family doesn't mean we have to be together all of the time. It's okay to feel quiet. It's okay to take some time for yourself.

INCLUSIVE ISAAC Script- PART 2

*Hello, Isaac! It's great to see you again! How are things going on the Kindness Farm this week? ***Pretend Isaac whispers in your ear.** Oh! That sounds like fun! Class, Isaac was just telling me how he, Raphael the Respectful Dog, and Chloe the Caring Cat all played games together. But, they ran into an issue - Raphael wanted to play tag. Chloe wanted to play hide and seek. And Isaac wanted to play catch. They couldn't agree on which game to play and they all felt very sad. Class, if you were there, how might you help Isaac, Raphael, and Chole solve this problem? ***Invite student responses - ideally you'll hear suggestions like "take turns playing different games" or "maybe they can play a game like 'Rock, Paper, Scissors' to help them decide who gets to pick the first game", etc.).** These are all great ideas! Let's remember these ideas the next time we are playing together and you can't agree on what to play first. Remember it's kind to welcome everyone into the games you are playing, and it's fair to take turns and let others help choose what to play first.*

INCLUSIVE ISAAC Script- PART 3

Welcome back, Isaac! This week we are learning all about how when we work together and are good friends to each other, we can make a big difference! Class, Isaac has some exciting news to share! There are new chicks moving into the farm this week. Class, what do baby chicks sound like? ***Invite everyone to make little “cheep” noises.** That is right! Baby chicks sound just like that. Now, what do you think baby chicks need in order to grow into big strong chickens, like Harry the Hen? ***Invite student responses - food, water, heat, coop, etc.** Great! Isaac says that all of the farm animals worked together to prepare for the baby chicks. Chloe and Harry helped add on to the chicken coop so there would be enough room for everyone. Raphael made sure there were extra water troughs, and Isaac - instead of eating the grass out in the field - collected some for the special area where the chicks would live until they were big enough to join the other chickens in the bigger coop. Then, they all worked on a very large and colorful banner that said “Welcome Baby Chicks!” Class, when someone is coming to visit us in our classroom, what are some things we can do together to welcome them? ***Invite student responses.** These are all great ideas! The goal is to make everyone who visits our classroom feel welcomed and that they belong. Isaac and his farm friends welcomed the new chicks with open arms and those chicks felt right at home.

INCLUSIVE ISAAC Script- PART 4 - **Best if read with a world map to point out the farm animals’ ancestral countries.**

Hello Isaac! Great to see you again! Though, Isaac, we are a little sad today. This is our last week with you! You have done such a great job making us all feel welcome on the kindness farm through our Inclusiveness lessons. Thank you! Class, can we all shout “THANK YOU” to Isaac? ***Invites students to yell “THANK YOU!”** Class, Isaac has some interesting facts to share with us this week about the animals on the farm. We might think of Isaac and think, “I know where cows come from...a farm! But did you know that cows, as we know them today, came from India, a long, long time ago? ***Point to India on the map, if using.** And, Chole the cat has a feline family that originally came from North Africa and Asia! ***Point to these locations on the map.** Raphael the Dog has a family originating in Europe. ***Point to Europe on the map.** Class, these animals and all of the farm animals in our RAK farm originally came from all over the world. And yet, here they all are - living together as one farm family. Isn’t that wonderful! Did you know that we all have family from a long, long, long time ago that probably came from different places, and yet here we all are together! We are now one big family here at school, and you each have special families at home. Isn’t it wonderful that we are all included in the great big **human family** all over the world? We all belong.

So, remember that whenever we see Isaac in our Kindness Farm, we need to think about being **inclusive** - which means we include others, invite them in, and welcome them with open arms. We’ve learned from Isaac that we are all different yet all the same. We have learned how to make people feel welcome by smiling at them, saying hello, and learning their names.



Families

Author: Kidsparkz

Some families are large, (spread arms out wide)
Some families are small (bring arms close together)
But I love my family (cross arms over chest) best of all!



I'm Glad I'm Me

Original Author Unknown

No one looks the way I do.
I have noticed that is true!
No one walks the way I walk.
No one talks the way I talk.
No one plays the way I play.
No one says the things I say.
I am special!
I am ME!
There's no one else I'd rather be!



If You're Friendly...

(To the tune of "If you're happy and you know it")

If you're friendly and you know it,
clap your hands.

If you're friendly and you know it,
clap your hands.

If you're friendly and you know it,
and you really want to show it,

If you're friendly and you know it,
clap your hands!



A Tiny Poem to the World

(By Kid President © 2013)

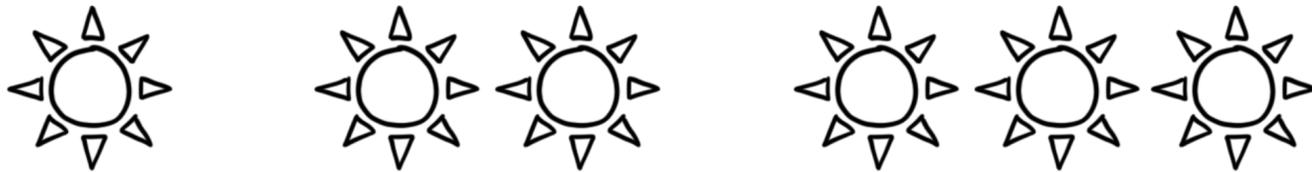
The world is so big,
and we're all so small.
Sometimes it feels like we can't do anything at all.
But, the world can be better
in spite of its flaws.
The world can be better,
and you'll be the cause.
And even though the waves are bigger than our boats,
the wind keeps us sailing,
its love gives us hope.
Some days it's dark,
but we'll keep rowing.
Because people like you whisper,
"Keep going,
keep going,
keep going."

Directions: Look at the patterns below. The first pattern is a repeating pattern, and the second pattern is a growing pattern. Draw the shapes to complete the patterns.

Repeating Pattern Example:

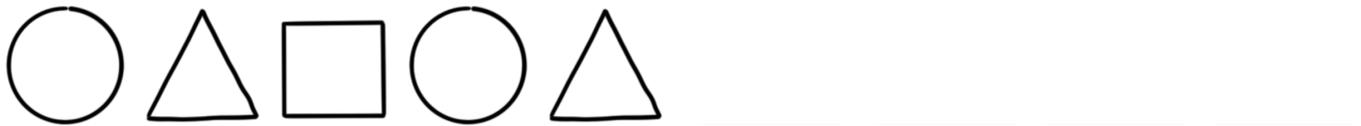


Growing Pattern Example:

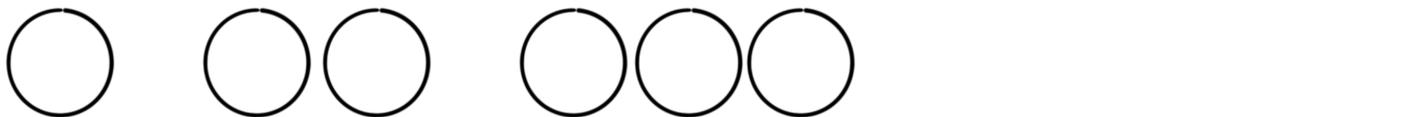


Now, complete the patterns below:

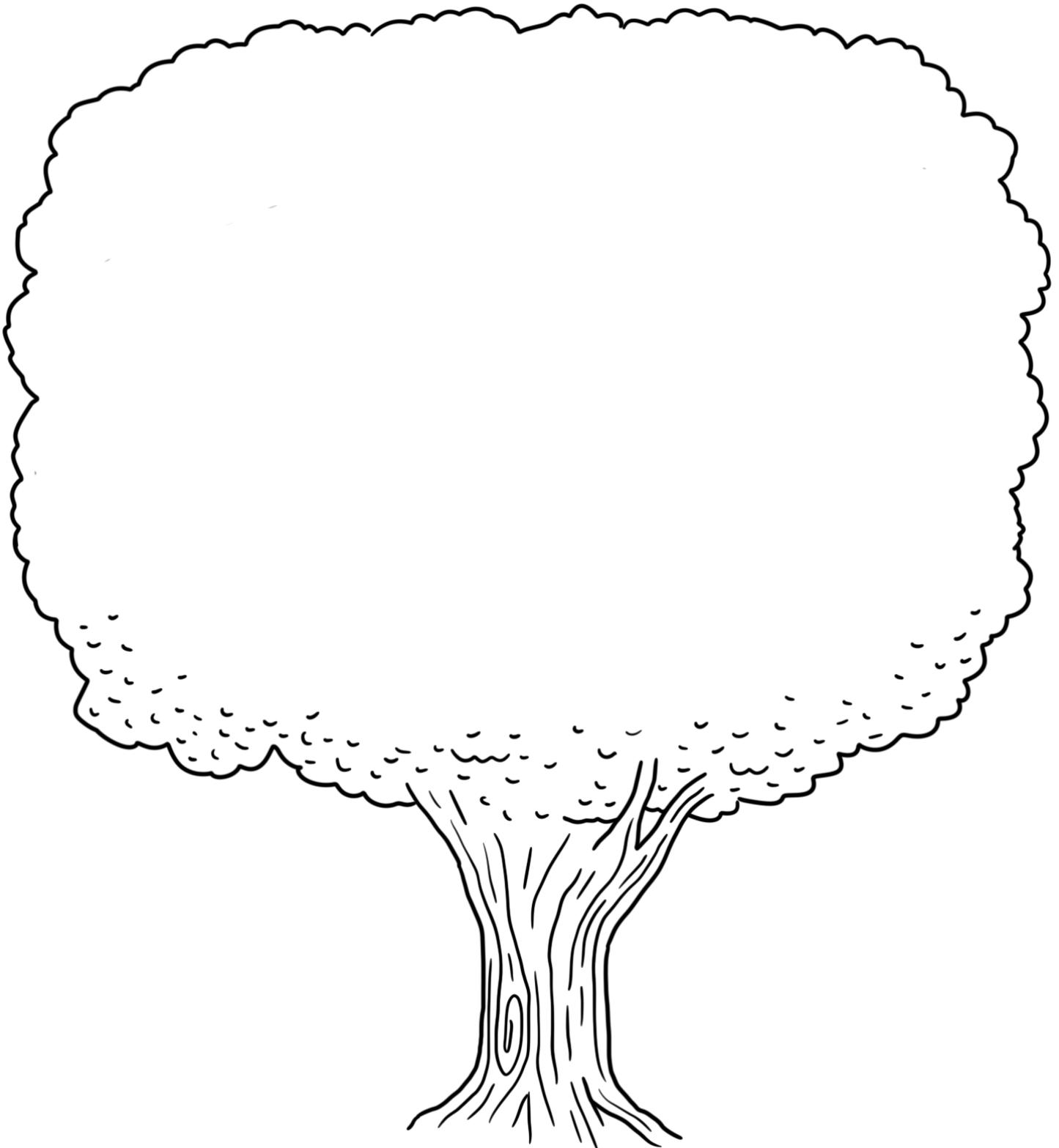
Repeating:

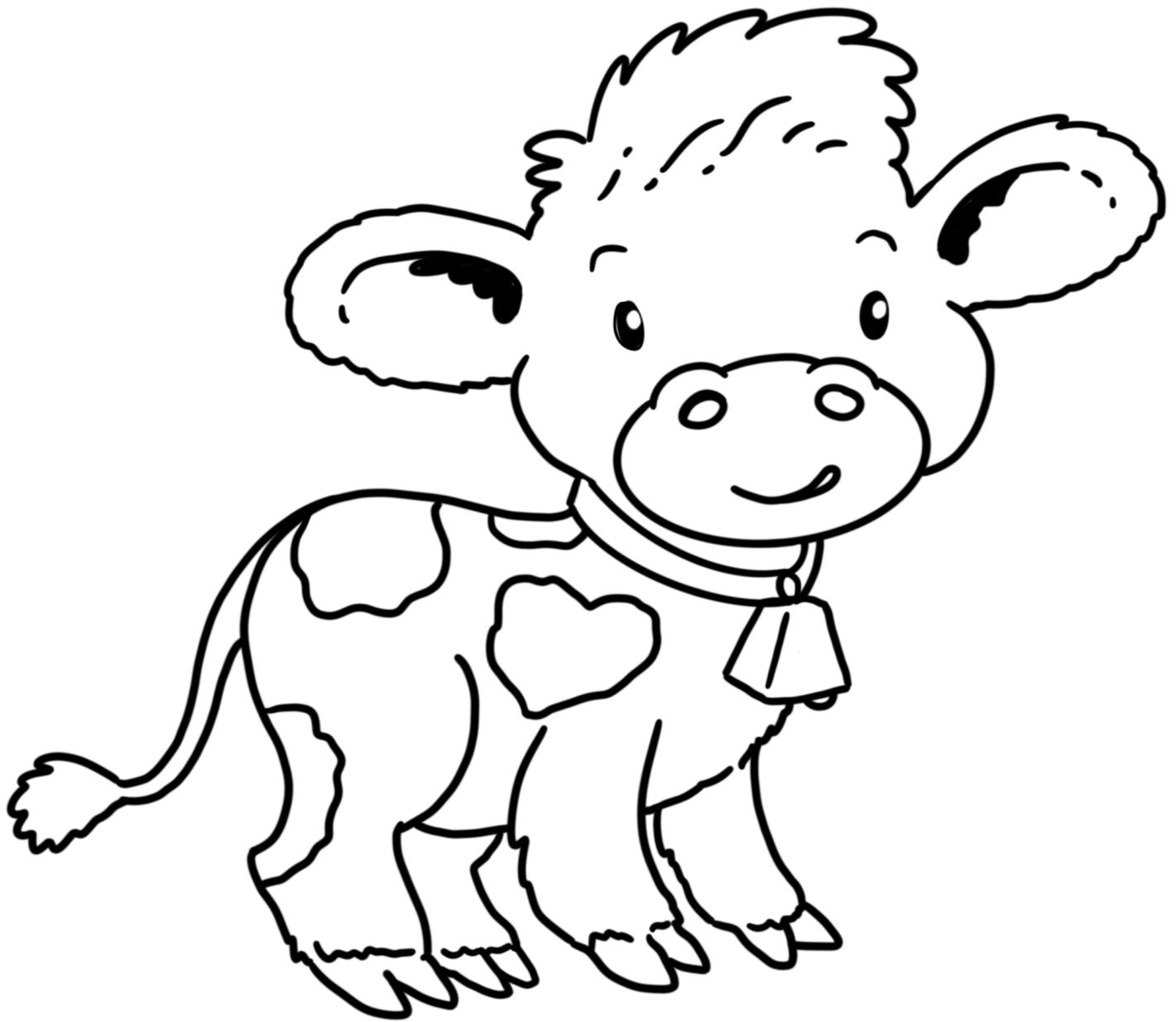


Growing:



Directions: Draw pictures of your family in the tree below. These can be people who live with you, your extended family, or friends who are close like family.





I is for Inclusiveness