

Hello Parents and Guardians.

Welcome to Unit 5 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about RESPONSIBILITY. Since this is still a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE WILL EXPLORE	HOW YOU CAN HELP AT HOME
Responsibility	 What does it mean to be responsible for your actions? How do you accept responsibility for what you say and what you do? 	Create a list of school and home responsibilities with your child. Emphasize how their responsibilities actually help their class. What are they responsible for at home? Explore that as well!
Teamwork	 How do we respond to others? How can we use kindness to respond in a kind way, no matter what? Why is being kind such an important responsibility? 	Discuss the importance of responding kindly to others, even during difficult situations. If possible, identify some tough scenarios and practice responding kindly.
Self-Discipline	 What is self-discipline? How do we use self control in our classroom? What might happen if we didn't stay in control of ourselves? 	Talk with your child about what self-discipline looks like in their class. How do we sit in our chairs/at the table? How do we answer a question? How do we move through the building? Emphasize kind, safe actions.

Key activities we'll be doing:

- Organize our personal space!
- Use dominoes to illustrate our responsibility builds!
- Complete a Water science experiment!
- Respond kindly to others, no matter what!

TRY THIS AT HOME!

Ask your child about how they organized their personal space in school (cubbie/desk/etc.). Work with them to organize their room (or section of the room) using the same method they describe from school. Take a picture of the completed space to remind them of what it looks like when they are responsible for their area!

If you have any questions about our Kindness in the Classroom lessons, please feel free to contact me at any time. We are on this kindness path together!

Sincerely,

RANDOM ACTS OF KINDNESS FOUNDATION®