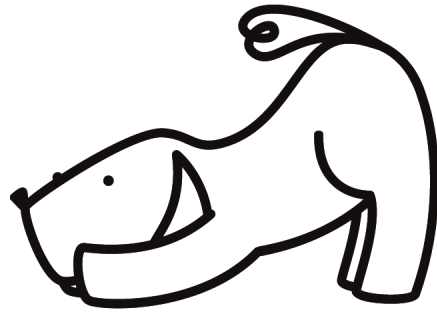


# Respect



**Sub-Concepts Covered: Self-care, Kindness**

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This unit is the first of our six unit series. It coincides with the beginning of the school year and allows teachers to combine standard practices associated with building community and establishing rules with a unit about respect. The focus at this young age is exposure to three basic levels of respect and ample time to practice skills related to this concept.

## Unit Objective

Students will:

- Define the concept of respect.
- Explain the three different types of respect (self, others, space)
- Gain experience in applying respect in a variety of contexts.

## Student Introduction

Welcome to Kindergarten! As we learn and play together this year, we must do so with kindness and respect.

To help us get to know each other better and feel more comfortable as a classroom community, we will spend the next several weeks learning about respect and how to be respectful to ourselves, others, and the space around us.

Respect starts today!

## Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
<b>Lesson 1</b> Three Rules of Respect	<ul style="list-style-type: none"> <li>Designate areas within the classroom that show respect for themselves, respect for others and respect for our space by using different shapes to denote each area.</li> <li>Explain the three different types of respect.</li> </ul>	<ul style="list-style-type: none"> <li>2-3 Large cut-outs of the following shapes- Heart, Triangle, Circle (see lesson handout for option)</li> <li>Masking Tape</li> </ul>
<b>Lesson 2</b> How Big is Your Hula Hoop?	<ul style="list-style-type: none"> <li>Explain what personal boundaries are and how they are different for everyone.</li> <li>Establish a comfort level regarding personal boundaries for oneself and a respectful way to convey this to others.</li> </ul>	<ul style="list-style-type: none"> <li>2 sets of 3 different sized hula hoops (from P.E. department if possible)</li> <li>Personal Space Reflection page</li> <li>"Harrison P. Spader, Personal Space Invader," by Christianne C. Jones</li> </ul>
<b>Lesson 3</b> A Rainbow of Respect	<ul style="list-style-type: none"> <li>Develop interpersonal skills used in cooperation and teamwork.</li> <li>Practice how to ask permission and share with peers.</li> </ul>	<ul style="list-style-type: none"> <li>Crayons- specifically the colors of the rainbow (Red, Orange, Yellow, Green, Blue, Indigo and Violet)</li> </ul>
<b>Lesson 4</b> A Class Full of Respect	<ul style="list-style-type: none"> <li>Create a standardized method for cleaning common areas within the classroom and the school.</li> <li>Examine areas requiring consistent respect based on daily usage.</li> </ul>	<ul style="list-style-type: none"> <li>Basic art supplies</li> <li>Blank paper</li> </ul>

## Unit Projects

Project Title	Project Overview	Materials Required
<b>Project 1</b> Welcome Ambassadors	Students/Teacher(s) will create a personal handshake to greet each other each morning. The assigned Welcome Ambassador will use each handshake to greet people as they arrive each morning.	<ul style="list-style-type: none"> <li>None Needed</li> </ul>
<b>Project 2</b> Hi, My Name Is...	Students will decorate heart-shaped name tags for their desks. This will help students express themselves - a form of self-respect - and give all students an opportunity to get to know each other better.	<ul style="list-style-type: none"> <li>Paper/Pencil for teacher</li> <li>Poster Board (optional)</li> </ul>