# Hi, My Name Is...

For this project, students will create their own heart-shaped desk tags that can be taped to the top or front of their desks. This will help students state their preferred name for the benefit of substitute teachers or classroom helpers, and give them a chance to be creative.

#### Respect Sub-Concept(s)

Self-Care, Kindness

### **Project Timeframe**

10-15 minutes

#### **Required Materials**

Large poster to display rap

## **Project Instructions**

Following the idea that our personal boundaries are expressed with the heart shape (Lesson 1), give each student a heart-shaped cut-out (or let students cut out the shape on their own, depending on their cutting skills). \*See page 2.

On that cut out, help students write their (preferred) name (and pronunciation if desired) and let them decorate their heart with colors and pictures that represent who they are or their favorite things.

When everyone is finished with their hearts, help students tape their hearts to the top of their table area or front of their desks. Encourage students to learn each other's name if they don't know it very well yet. You can also encourage students to ask each other questions about what they drew on their hearts during designated social or free play times. When students learn more about each other and form relationships, it will be easier for them to respect each other.



The Collaborative for Academic, Social, and Emotional Learning (<u>CASEL</u>) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SELect Program and is included in the <u>CASEL Guide to Effective Social and Emotional Learning Programs</u>.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

https://casel.org/guide/kindness-in-the-classroom/

