Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

This unit is the fourth of our six unit series. This can be a very difficult concept for young children, so it is introduced very gently. We will also explore strategies on how to make honest choices and persevere through difficult times. This unit falls on the heels of respect, caring, and inclusiveness, so the students have an excellent foundation from which to build on. Exploring honesty and perseverance naturally promotes an additional level of kindness within your classroom.

Unit Objective

Students will:

- Review respect, caring, inclusiveness, and kindness.
- Define honesty and perseverance.
- Practice using kindness and respect to develop honest actions in difficult situations.
- Work as a team to persevere.

Student Introduction

We’ve made it to the Integrity Unit! This is an advanced word that connects back to honesty and always telling the truth, even when others aren’t around. We will also use honesty and perseverance to try our hardest, even when something seems too tough and we would rather give up! Let’s explore how honesty and perseverance can help us add even more kindness to our classroom!
## Unit Lessons

<table>
<thead>
<tr>
<th>Lesson Title</th>
<th>Lesson Objectives</th>
<th>Materials Required</th>
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| **Lesson 1**  
Honesty is the Best Policy | ● Utilize caring and kindness to develop honest alternatives to deceptive actions.  
● Practice showing honesty in social situations.                           | ❐ *David Gets in Trouble* by David Shannon  
❑ Honesty in Action cards (see Lesson) |
| **Lesson 2**  
Our Honesty Handbook     | ● Create an honesty handbook illustrating different ways to be honest in difficult situations.  
● Practice being honest, even when they are tempted to lie.                | ❐ Cardstock or printer paper with the sentence starter, “I am honest at ______ when I...”  
❑ Basic Art Supplies  
❑ Magazines  
❑ Scissors  
❑ Glue |
| **Lesson 3**  
Practice Makes Perfect! | ● Demonstrate perseverance through a math exercise.  
● Explain how being honest helps others trust you. | ❐ Math related materials (will vary depending on the centers you create)  
❑ *The Little Engine That Could* by Watty Piper  
❑ Index Cards with Perseverance written on them  
❑ Stickers |
| **Lesson 4**  
Every Job Counts!        | ● Explain how each person’s helpfulness contributes to the efficient classroom.  
● Demonstrate integrity through the completion of their daily/weekly assigned job. | ❐ Blank Paper  
❑ Basic art supplies |

## Unit Projects

<table>
<thead>
<tr>
<th>Project Title</th>
<th>Project Overview</th>
<th>Materials Required</th>
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| **Project 1**  
Honesty Song              | Students will learn a song about honesty to emphasize kind behaviors that tie into using honesty in our classroom. | ❐ Poster board  
❑ art supplies  
❑ paper  
❑ Melody of ‘yankee doodle’ (optional)  
https://www.youtube.com/watch?v=8zBZkCQqlJg |
| **Project 2**  
Perseverance in Plants  | Fostering this connection with young children can really help to deepen their understanding around this abstract concept. This project allows you to explore the concept of plant growth while focusing on being honest and responsible about caring for other living things. | ❐ Seeds  
❑ Potting Soil  
❑ Small plastic cups  
❑ masking tape  
❑ sharpie marker |