

Hello Parents and Guardians.

Welcome to Unit 4 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about INCLUSIVENESS. Since this is a completely new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP AT HOME
Honesty	<ul> <li>Why is honesty the best policy?</li> <li>What happens when we start to tell little lies?</li> <li>How do these lies start to build on each other?</li> </ul>	Talk with your child about the importance of always telling the truth, even when it is difficult. When we get into the habit of telling lies, adults start to trust us less and less.
Perseverance	<ul> <li>How do we stick with things, even when they are difficult for us?</li> <li>How can we use honesty to reach our goals?</li> <li>Why is it important to keep trying when something is hard?</li> <li>How does cheating hurt us in the long run?</li> </ul>	Practice identifying small goals with your child. List the steps it will take for them to reach that goal. Celebrate with them when they succeed! Goal setting is a lifelong skill.

## Key activities we'll be doing:

- Discuss what honest actions look like!
- Create an Honesty Handbook for others!
- Practice perseverance in math games!
- Explore the value of every students' job in the classroom!

If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!

Sincerely,

## TRY THIS AT HOME!

Be on the lookout for a copy of our Honesty Handbook! Use the handbook to start a conversation on what honest choices look like in your home.