



Inclusiveness

Hello Parents and Guardians,

Welcome to Unit 3 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about INCLUSIVENESS. Since this is still a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE WILL EXPLORE	HOW YOU CAN HELP AT HOME
You are Special	<ul style="list-style-type: none">• What makes each of us special?• How can we celebrate our uniqueness?	Talk with your child about what makes them and your family special? How can you embrace the things that are “different” from everyone else?
Teamwork	<ul style="list-style-type: none">• Why do we need to work together?• How can teamwork help us when we are trying to finish something?	Brainstorm ways to work with others in the classroom, on the playground, and even at home. What does teamwork look like?
Inclusiveness	<ul style="list-style-type: none">• How can we include others, even if we do not know them?• Why is it important to give everyone a chance during games and other activities?	Discuss the connection between inclusiveness and kindness. Emphasize how including others requires kindness. We use our kind words and actions to make them feel welcome!

Key activities we'll be doing:

- Create an “I am Special” book!
- Play team building games!
- Conduct a science experiment to learn about teamwork!
- Kindness activities to increase inclusivity!

TRY THIS AT HOME!

Practice using teamwork as you create a meal. What tasks can each person in your home participate in to provide help? Even if you have very small children, everyone can help. Get creative when you assign jobs! The goal is to include everyone.

If you have any questions about our Kindness in the Classroom lessons, please feel free to contact me at any time. We are on this kindness path together!

Sincerely,