

# Caring Unit

This Standards Map summarizes each of the standards met by all lessons within this unit. All **Kindness in the Classroom®** lesson plans have been mapped to the five CASEL Core Social Emotional Learning (SEL) Competencies, the Centers for Disease Control and Prevention’s National Health Education Standards (NHES), and the national Common Core State Standards for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

## Lesson 1: Remember to Care!

### CASEL

**Self-awareness**  
Identifying emotions

**Social awareness**  
Perspective-taking  
Empathy  
Respect for others

**Relationship skills**  
Social engagement  
Relationship-building

**Responsible decision-making**  
Analyzing situations

### NHES

**Standard 7. Practicing healthy behaviors**  
7.2.1- Demonstrate healthy practices and behaviors to maintain or improve personal health.

### Common Core

**English Language Arts Standards**  
**Speaking & Listening**  
**Comprehension and Collaboration:**  
CCSS.ELA-LITERACY.SL.K.1  
Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.  
CCSS.ELA-LITERACY.SL.K.1.A  
Follow agreed-upon rules for discussions (e.g., listening to others and taking turns speaking about the topics and texts under discussion).  
CCSS.ELA-LITERACY.SL.K.1.B  
Continue a conversation through multiple exchanges.  
CCSS.ELA-LITERACY.SL.K.2  
Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.  
CCSS.ELA-LITERACY.SL.K.3  
Ask and answer questions in order to seek help, get information, or clarify something that is not understood.

**Presentation of Knowledge and Ideas:**  
CCSS.ELA-LITERACY.SL.K.6  
Speak audibly and express thoughts, feelings, and ideas clearly.

**Language**  
**Conventions of Standard English:**  
CCSS.ELA-LITERACY.L.K.1  
Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

**Vocabulary Acquisition and Use:**  
CCSS.ELA-LITERACY.L.K.4  
Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on kindergarten reading and content.  
CCSS.ELA-LITERACY.L.K.5  
With guidance and support from adults, explore word relationships and nuances in word meanings.  
CCSS.ELA-LITERACY.L.K.5.A  
Sort common objects into categories (e.g., shapes, foods) to gain a sense of the concepts the categories represent.  
CCSS.ELA-LITERACY.L.K.5.C  
Identify real-life connections between words and their use (e.g., note places at school that are colorful).

## Lesson 2: Tic Tac Toe

### CASEL

#### Self-awareness

Identifying emotions  
Recognizing strengths

#### Social awareness

Perspective-taking  
Respect for others

#### Relationship skills

Communication  
Social engagement  
Relationship-building  
Teamwork

#### Responsible decision-making

Analyzing situations

### NHES

#### Standard 4. Interpersonal communication

4.2.1 -Demonstrate healthy ways to express needs, wants, and feelings.

#### Standard 7. Practicing healthy behaviors

7.2.1- Demonstrate healthy practices and behaviors to maintain or improve personal health.

### Common Core

#### English Language Arts Standards

##### Speaking & Listening

##### Comprehension and Collaboration:

CCSS.ELA-LITERACY.SL.K.1

Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.

CCSS.ELA-LITERACY.SL.K.1.A

Follow agreed-upon rules for discussions (e.g., listening to others and taking turns speaking about the topics and texts under discussion).

CCSS.ELA-LITERACY.SL.K.1.B

Continue a conversation through multiple exchanges.

CCSS.ELA-LITERACY.SL.K.2

Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.

CCSS.ELA-LITERACY.SL.K.3

Ask and answer questions in order to seek help, get information, or clarify something that is not understood.

##### Presentation of Knowledge and Ideas:

CCSS.ELA-LITERACY.SL.K.6

Speak audibly and express thoughts, feelings, and ideas clearly.

##### Language

##### Conventions of Standard English:

CCSS.ELA-LITERACY.L.K.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

##### Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.K.4

Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on kindergarten reading and content.

CCSS.ELA-LITERACY.L.K.5

With guidance and support from adults, explore word relationships and nuances in word meanings.

CCSS.ELA-LITERACY.L.K.5.C

Identify real-life connections between words and their use (e.g., note places at school that are colorful).

# Lesson 3: Get Well Soon

## CASEL

### Social awareness

Perspective-taking  
Empathy  
Appreciating diversity  
Respect for others

### Relationship skills

Communication  
Social engagement  
Teamwork

### Responsible

### decision-making

Reflecting  
Ethical responsibility

## NHES

### Standard 1. Understanding concepts

1.2.2 - Recognize that there are multiple dimensions of health.

### Standard 3. Accessing valid information

3.2.2 - Identify ways to locate school and community health helpers.

## Common Core

### English Language Arts Standards

#### Writing

##### Text Types and Purposes:

CCSS.ELA-Literacy.W.K.2

Use a combination of drawing, dictating, and writing to compose informative/explanatory texts in which they name what they are writing about and supply some information about the topic.

##### Research to Build and Present Knowledge:

CCSS.ELA-Literacy.W.K.8

With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.

#### Speaking & Listening

##### Comprehension and Collaboration:

CCSS.ELA-LITERACY.SL.K.1

Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.

CCSS.ELA-LITERACY.SL.K.1.A

Follow agreed-upon rules for discussions (e.g., listening to others and taking turns speaking about the topics and texts under discussion).

CCSS.ELA-LITERACY.SL.K.1.B

Continue a conversation through multiple exchanges.

CCSS.ELA-LITERACY.SL.K.2

Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.

CCSS.ELA-LITERACY.SL.K.3

Ask and answer questions in order to seek help, get information, or clarify something that is not understood.

##### Presentation of Knowledge and Ideas:

CCSS.ELA-Literacy.SL.K.5

Add drawings or other visual displays to descriptions as desired to provide additional detail.

CCSS.ELA-LITERACY.SL.K.6

Speak audibly and express thoughts, feelings, and ideas clearly.

#### Language

##### Conventions of Standard English:

CCSS.ELA-Literacy.L.K.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

CCSS.ELA-Literacy.L.K.2

Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.

##### Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.K.4

Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on kindergarten reading and content.

CCSS.ELA-LITERACY.L.K.5

With guidance and support from adults, explore word relationships and nuances in word meanings.

CCSS.ELA-LITERACY.L.K.5.C

Identify real-life connections between words and their use (e.g., note places at school that are colorful).

# Lesson 4: Tea Time

## CASEL

### Self-management

Impulse control  
Self-discipline

### Social awareness

Appreciating diversity  
Respect for others

### Relationship skills

Communication  
Social engagement

## NHES

### Standard 1. Understanding concepts

1.2.2 - Recognize that there are multiple dimensions of health.

### Standard 2. Analyzing influences

2.2.1 - Identify how the family influences personal health practices and behaviors.

### Standard 4. Interpersonal communication

4.2.2 - Demonstrate listening skills to enhance health.

### Standard 7. Practicing healthy behaviors

7.2.1- Demonstrate healthy practices and behaviors to maintain or improve personal health.

## Common Core

### English Language Arts Standards

#### Writing

##### Research to Build and Present Knowledge:

CCSS.ELA-LITERACY.W.K.8

With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.

#### Speaking & Listening

##### Comprehension and Collaboration:

CCSS.ELA-LITERACY.SL.K.1

Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.

CCSS.ELA-LITERACY.SL.K.1.A

Follow agreed-upon rules for discussions (e.g., listening to others and taking turns speaking about the topics and texts under discussion).

CCSS.ELA-LITERACY.SL.K.1.B

Continue a conversation through multiple exchanges.

CCSS.ELA-LITERACY.SL.K.2

Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.

CCSS.ELA-LITERACY.SL.K.3

Ask and answer questions in order to seek help, get information, or clarify something that is not understood.

##### Presentation of Knowledge and Ideas:

CCSS.ELA-LITERACY.SL.K.4

Describe familiar people, places, things, and events and, with prompting and support, provide additional detail.

CCSS.ELA-LITERACY.SL.K.5

Add drawings or other visual displays to descriptions as desired to provide additional detail.

CCSS.ELA-LITERACY.SL.K.6

Speak audibly and express thoughts, feelings, and ideas clearly.

#### Language

##### Conventions of Standard English:

CCSS.ELA-LITERACY.L.K.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

CCSS.ELA-LITERACY.L.K.2

Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.

##### Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.K.5.C

Identify real-life connections between words and their use (e.g., note places at school that are colorful).

#### Standards for Mathematical Practice

##### Geometry

##### Identify and describe shapes.

CCSS.Math.Content.K.G.A.2

Correctly name shapes regardless of their orientations or overall size.



DESIGNATED BY CASEL  
AS A RECOMMENDED  
PROGRAM FOR SOCIAL  
AND EMOTIONAL  
LEARNING.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>