

#### **Sub-Concepts Covered: Perseverance, Kindness**

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This is the fourth unit of the *Kindness in the Classroom* curriculum. Ideally this unit comes after a break that marks the halfway point in some fashion within 8th grade. The students have explored respect, caring, and inclusiveness. They are now ready to dive deeper and focus on integrity. While all children have explored the sister concept of honesty, integrity ramps up our expectations of behavior and challenges them to do what they know to be right and kind in EVERY situation, regardless of who is or isn't present.

### Unit Objective

#### Students will:

- Examine their own level of integrity across a variety of situations, both with peers and individually.
- Practice creating and accomplishing SMART goals.

#### Student Introduction

Integrity—for many of us this is a word that needs a bit more explanation. While all of us are familiar with honesty and telling the truth, integrity takes this to the next level. What do you choose to do alone? What do you choose to do when no one will ever find out if you followed through? How tempting is it to cut corners? Do you seek out loopholes to justify poor choices? This unit will focus on the following:

- Shortcuts vs. Loopholes
- Rebuilding Trust
- Perseverance

## Unit Lessons

Main Lesson Title	Weekly Objectives	Main Lesson Materials	Mini Lessons
Lesson 1 Shortcut or Loophole?	<ul> <li>Explore the difference between helpful shortcuts and loopholes that compromise their integrity.</li> <li>Celebrate the courageous acts within their personal lives.</li> </ul>	☐ No materials are required for this lesson	Small Group- Find the Loophole  Partners- Genre Integrity
			Individual- Personal Reflection: My Own Loopholes
	within their personal lives.		Technology Focus- Balancing Accessibility Among Peers
Lesson 2 Rebuilding Trust	<ul> <li>Explore the concept of trust and how to rebuild it even after it has been broken.</li> </ul>	☐ 2 clear containers ☐ A coffee filter ☐ Water	Small Group- The Teacher's Perspective
	<ul> <li>Identify areas of struggle as it relates to integrity and create a plan for increasing integrity on a personal level.</li> </ul>	☐ Index cards ☐ Pencils	Partners- Blinded Walk
			<u>Individual-</u> My Ability to Trust Again
			<u>Technology Focus-</u> Integrity Tweets
Lesson 3 Start Small	Examine their current decision making process as it relates to	☐ Paper ☐ Pencils	<u>Small Group-</u> Perseverance in Teamwork
	<ul><li>challenging goals.</li><li>Practice making choices that reflect what they know to be</li></ul>		<u>Partners-</u> Examination of Print Media
	right and kind.		Individual- Letter to Self
			<u>Technology Focus-</u> Truth in Headlines
Lesson 4 Shout It Out!	<ul> <li>Explore previously attained goals and successes and examine the feelings associated with this.</li> <li>Practice making and achieving goals using the SMART goal process.</li> </ul>	<ul> <li>Megaphone hand out for each student</li> <li>Basic art supplies</li> <li>Pencils</li> <li>Tape</li> </ul>	Small Group- Persevering Through Change
			Partners- Summer Success
			Individual- Personal Struggles
	p100033.		<u>Technology Focus-</u> Building a Website

# Unit Project

Project Title	Project Overview	Materials Required
Digital Citizenship	The class will create a guide to	☐ Access to computers
Guide	promote healthy digital citizenship online and present it to the younger grades as time allows.	☐ PowerPoint software (or other free online presentation options)
		Optional if paper-based option is used:
		☐ Blank paper
		■ Basic art supplies
		☐ Magazines
		☐ Scissors/glue
		□ Stapler