



Responsibility

Sub-Concepts Covered: Self-discipline, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

This is the fifth unit of the *Kindness in the Classroom* curriculum. You have made it through over 75% of the curriculum - congrats! Students are focusing on expanding responsibility in a variety of settings and this unit dives deeper into what it takes to truly be responsible through the use of self-discipline and establishing healthy boundaries. Although it can be difficult, it is important to allow students to transition towards owning their decisions and the consequences that come with them.

Unit Objective

Students will:

- Increase personal responsibility through words and actions in social settings, both physical and online.
- Evaluate responsibilities in online spaces and with technology devices.
- Explain the connection between freedom and responsibility.
- Analyze responsible food consumption and waste in America.

Student Introduction

Responsibility—this word is not new to any of us at this point. Every single one of you is responsible in some capacity for getting up, getting ready, and getting to school with minimal reminders. You have expectations both at home and at school and often times, your responsibilities may seem more like a burden than a gift. This unit will challenge you to take a second look at this word and how it applies to your life. You might just be surprised to find some benefits within all those responsibilities. We will be focusing on the following:

- Increasing Personal Responsibility
- Evaluating Responsibility from Different Perspectives
- Food Consumption and Waste in America, and What our Responsibility Is

Unit Lessons

Main Lesson Title	Weekly Objectives	Main Lesson Materials	Mini Lessons
Lesson 1 Taking Responsibility	<ul style="list-style-type: none"> ● Explore how to arrive at responsible decisions ● Evaluate how owning up to our responsibilities when we fall short is better than blaming others for our shortcomings 	<ul style="list-style-type: none"> ☐ Responsibility Scenario Strips (see lesson) 	<p><u>Small Group-</u> Decisions, Decisions</p> <p><u>Partners-</u> Making Choices</p> <p><u>Individual-</u> What am I Responsible For?</p> <p><u>Technology Focus-</u> How Do We Use Tech Responsibly?</p>
Lesson 2 Rings of Responsibility	<ul style="list-style-type: none"> ● Evaluate healthy boundaries ● Identify responsibilities that fall within intimate, personal, social, and public spatial boundaries 	<ul style="list-style-type: none"> ☐ Rings of Responsibility handout 	<p><u>Small Group-</u> Not My Responsibility</p> <p><u>Partners-</u> It's OK to Say No</p> <p><u>Individual-</u> My Personal Space</p> <p><u>Technology Focus-</u> Healthy Boundaries with Technology</p>
Lesson 3 How We See Responsibility	<ul style="list-style-type: none"> ● Evaluate the importance of fulfilling their responsibilities ● Examine responsibility from different perspective 	<ul style="list-style-type: none"> ☐ Paper and a writing utensil for the T-chart 	<p><u>Small Group-</u> Do 7th Graders Have Too Much Responsibility?</p> <p><u>Partners-</u> Evaluating Perspectives</p> <p><u>Individual-</u> Tree of Responsibility</p> <p><u>Technology Focus-</u> Insta-Responsibility</p>
Lesson 4 The Nature of Responsibility	<ul style="list-style-type: none"> ● Discuss food waste in America, in school, and in their families ● Relate responsibility and respect to agriculture ● Identify ways to reduce food waste 	<ul style="list-style-type: none"> ☐ No materials are required for this lesson 	<p><u>Small Group-</u> Our Local Producers: Rapid Fire Research</p> <p><u>Partners-</u> Food Rules</p> <p><u>Individual-</u> Food Responsibility</p> <p><u>Technology Focus-</u> Favorite Food Field Trip</p>

Unit Project

Project Title	Project Overview	Materials Required
Investigating Food Waste in Our School	The class will investigate the current process of food procurement, disposal, and waste habits within the school cafeteria.	<ul style="list-style-type: none"><input type="checkbox"/> Poster board paper and drawing utensils<input type="checkbox"/> Paper/pen or tablet or phone for interviewing, research, and data collection