

Sub-Concepts Covered: Perseverance, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This is the fourth unit of the *Kindness in the Classroom* curriculum. Ideally this unit comes after a break that marks the halfway point in some fashion within 6th grade. The students have explored respect, caring, and inclusiveness. They are now ready to take on a fairly new concept for this age- integrity. While all children have explored the sister concept of honesty, integrity ramps up our expectations of behavior and challenges them to do what they know to be right and kind in EVERY situation, regardless of who is or isn't present.

Unit Objective

Students will:

- Examine their own level of integrity across a variety of situations, both with peers and individually.
- Practice creating and accomplishing SMART goals.

Student Introduction

Integrity- for many of us this is either a completely new word or one that needs a bit more explanation. While all of us are familiar with honesty and telling the truth, integrity takes this to the next level. What do you choose to do alone? What do you choose to do when no one will ever find out if you followed through? How tempting is it to cut corners? Find loopholes? All of these questions will be explored in this unit! This unit will focus on the following:

- Honesty and Integrity
- Personal Choices
- Perseverance

Unit Lessons

Main Lesson Title	Weekly Objectives	Main Lesson Materials	Mini Lessons
Lesson 1 Clean vs. Cloudy	 Explore how they currently demonstrate integrity in both isolated and public situations. Celebrate the courageous acts within their personal lives 	 □ 2 Clear containers (2 liter soda bottles work well) □ Water □ A Jar of dirt □ A Jar of salt □ 2 spoons 	Small Group- Broken Telephone Partner- Personal Stories Individual- Honest Examination Technology Focus- Digital
			Integrity Inventory
Lesson 2 Notice The Difference	 Explore how they currently demonstrate integrity in a variety of settings. Identify areas of struggle as it relates to integrity and create a plan for increasing integrity on a personal level. 	☐ Sticky notes ☐ Pencils	Small Group- Academic Integrity Partner- What does Integrity LOOK like?
			<u>Individual</u> - Integrity Poem
			<u>Technology Focus</u> - Digital Integrity WORDLE
Lesson 3 Making Choices	 Examine their current decision-making process among peers and in high pressure situations. Practice making choices that 	☐ Internet access for video clip	Small Group- Marshmallow Towers Partner- Integrity Across Subjects
	reflect what they know to be right and kind.		Individual- Letter to Self
			<u>Technology Focus</u> - Fact or Fiction?
Lesson 4 Qualities of Success	 Explore previously attained goals and successes and examine the feelings associated with this. Practice making and achieving goals using the SMART goal process. 	 □ Internet access for video clip □ Butcher paper □ Marker □ Index cards □ Pencils 	Small Group- Personal Commitments Partner- I am a leader Individual- Interview of Success Technology Focus- Personal Goal

Unit Project

Project Title	Project Overview	Materials Required
Digital Citizenship Storyboards	The class will create useful storyboards to help fellow peers in navigating the digital world in a way that is safe and kind.	 Access to computers Basic art supplies Poster boards for each group (or an online storyboard creator such as www.storyboardthat.com) Printer (optional if online storyboard is used) Tape/Tacks to hang finished storyboards