

Hello Parents and Guardians,

Welcome to Unit 4 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about INTEGRITY. Since this is a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE WILL EXPLORE	HOW YOU CAN HELP AT HOME
Honesty	 Why is honesty the best policy? What happens when we start to tell little lies? How do these lies start to build on each other? 	Talk with your child about the importance of always telling the truth, even when it is difficult. When we get into the habit of telling lies, adults start to trust us less and less.
Integrity	 What is the connection between honesty and integrity? How can we do what is right and kind in every situation? How does cheating hurt us in the long run? 	Talk with your child about the importance of being honest, even when no one is around. How can we practice integrity at home as well as at school?

Key activities we'll be doing:

- Create a personal definition of honesty and integrity!
- Identify levels of honesty in different scenarios!
- Explore motivations behind cheating!
- Discuss the consequences of cheating!

TRY THIS AT HOME!

Be on the lookout for the Home Extension Handout regarding honesty. Work through the questions with your child and guide a discussion on the importance of being honest. How can we show honesty in our home?

If you have any questions about our Kindness in the Classroom lessons, please feel free to contact me at any time. We are on this kindness path together!

Sincerely,