

Sub-Concepts Covered: Equity, Fairness, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

In the Inclusiveness Unit, students will talk about inclusivity through the lens of the other kindness concepts as well as through the sub-concepts of equity and fairness. This unit includes some hands-on activities that require teamwork, which also reinforces the concept of inclusiveness. Students will also participate in writing a mission statement of inclusion for their classroom, which will help reinforce this concept well beyond the conclusion of the unit.

Unit Objective

Students will:

- Identify similarities and differences among different objects or people.
- Recognize how teamwork requires inclusiveness.
- Develop a mission statement through an acrostic poem around the qualities they value about inclusion.
- Apply problem-solving strategies to help make different situations fair, equal, and/or equitable for everyone involved.

Student Introduction

Welcome to the Inclusion Unit! This is a really great unit because you get to do a number of hands-on activities and will be challenged to look at inclusiveness using all of the kindness concepts you've studied so far! Inclusiveness is a great way to show respect, caring, and kindness - both to others and to yourself. You will also evaluate different situations for how fair and equitable they are, two concepts that are important for you to understand and look for in everyday life! Having a fair and equitable world will be the work of all of us.

- Recognizing similarities and differences (and how most things are more similar than they are different)
- Teamwork
- Connecting all of the kindness concepts studied so far: Respect, Caring, Inclusiveness
- Fairness and equality

Let's get started with our first lesson!

RANDOM ACTS OF KINDNESS

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 Which One of These Doesn't Belong?	 Identify similarities and differences among different objects or people. 	☐ Shapes to compare/contrast☐ (see lesson for website containing these types of shapes)
Lesson 2 Kindness Escape Room: Teamwork	 Recognize how teamwork requires inclusiveness. Practice teamwork through a game situation. 	 □ Paper for printing the scorecards and situation slips □ Envelopes for situation slips or staples if simply folded. The idea is to keep the situation somewhat concealed until the retriever returns to his or her team □ Stamper or some kind of marker to check off teams' scorecards □ Could have prizes for the team that escapes first □ Scorecards □ Situation slips to be copied and cut out
Lesson 3 Inclusion Acrostic	 Recognize the value of including everyone, regardless of ability. Develop a mission statement through an acrostic poem around the qualities they value about inclusion. 	 □ White board or smartboard, or large sticky notes, depending on how you want students to work on the acrostic. Ultimately you will need poster-making materials for the final acrostic display. □ Smartboard to project the video. □ Inspirational video:
Lesson 4 Fair But Equal	 Define fairness and equality. Apply problem-solving strategies to help make different situations fair, equal, and/or equitable for everyone involved. 	 Print out of the Equality/Equity image or smartboard on which to project the image Smartboard or other computer screen to project the "homework gap" video.

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Notable Quotables: Inclusiveness Posters	This project gives students an opportunity to learn some notable quotes about inclusion and diversity while practicing critical thinking skills in explaining and illustrating them.	 Large poster paper Slips of paper with the quotes on them. Ensure each group has a quote (or, if you are having each student make a poster, find more quotes so that each person has a different quote). Markers or other media for the poster creation
Project 2 The Rules of Inclusion	This project helps students recognize the difference between cliques and friends and identify language that might cue them that people are leaving others out as well as identify rules for their classroom that they can abide by in order to make sure everyone is included.	☐ "Friends or Clique" worksheet☐ Poster board / markers