Responsibility

Sub-Concepts Covered: Self-Discipline, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

In the Responsibility Unit, students will have an opportunity to evaluate the different responsibilities they have and how they use self-discipline to manage and fulfill those responsibilities. They also evaluate what happens when they neglect their responsibilities; it is important to recognize how our actions (or inaction!) impacts other people. The unit also includes a lesson about environmental responsibility and how our actions can either positively or negatively impact the world around us.

Unit Objective

Students will:

- Identify personal responsibilities at school, home, and to self/with others.
- Examine the cause and effect relationship between fulfilling or neglecting our responsibilities.
- Evaluate how to be environmentally responsible at home and at school.
- Identify strategies for responsibility self-improvement.

Student Introduction

Welcome to the Responsibility Unit! In this unit you will evaluate all of the responsibilities that you have and how well you are fulfilling those responsibilities. Hopefully you find you are already really responsible, but if you find you have some improvements to make, we will work on finding strategies to help you be more responsible! We will also talk about what happens when we aren’t responsible (there is a ripple effect!) and how we can take better care of the environment. This unit is packed with fun activities and important information!

- Responsibility and self-discipline
- How our responsibilities impact others
- Environmental responsibility

Let’s get started with our first lesson!
## Unit Lessons

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<th>Lesson Objectives</th>
<th>Materials Required</th>
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| **Lesson 1** | • Identify personal responsibilities at school, home, and to self/with others.  
• Devise self-discipline strategies to help ensure students can better fulfill at least one responsibility.                                                        | ☑ Paper  
☑ Writing utensil  
☑ NOTE: Students will be asked to return to these lists in another lesson of this Unit, so they will want to keep track of them or you may want to collect them. |
| Strategies for Self-Discipline |                                                                                                                                                                                                                 |                                                                                                                                                        |
| **Lesson 2** | • Examine the cause and effect relationship between fulfilling or neglecting our responsibilities.                                                                                                              | ☑ Students will, ideally, use the lists they generated in Lesson 1 for the Empower activity. Have students get those out or pass them back (if you collected them after Lesson 1 was complete). |
| Impacting Others with our Responsibilities |                                                                                                                                                                                                                 |                                                                                                                                                        |
| **Lesson 3** | • Evaluate how environmentally responsible they are being at home and at school.  
• Identify how well school spaces are using and conserving materials and resources.                                                                                                    | ☑ Environmental Inventory worksheet                                                                                                                             |
| Go Green!   |                                                                                                                                                                                                                 |                                                                                                                                                        |
| **Lesson 4** | • Self-reflect on responsibility fulfillment.  
• Identify strategies for self-improvement.  
• Connect the concept of responsibility and accountability.                                                                                                    | ☑ Personal Responsibility Inventory (see lesson)                                                                                                               |
| Personal Responsibility Inventory |                                                                                                                                                                                                                 |                                                                                                                                                        |

## Unit Projects

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<th>Project Overview</th>
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| **Project 1** | For this project, students will work in small groups to design a case or “safe space” in which to place an egg with the idea that the egg will remain unbroken after being dropped in this case. The students’ primary responsibility is to ensure the egg doesn’t break upon landing. | ☑ Egg (one for each student)  
☑ Misc. packing supplies for egg drop challenge (any materials are allowed)                          |
| Responsibility Egg Drop Challenge |                                                                                                                                                                                                                 |                                                                                                                                                        |
| **Project 2** | In this lesson, students will think of at least 10 words that represent the concept of responsibility and self-discipline. They will then create a word search out of these words and share with each other to complete. This project encourages students to “name” responsibility in new ways so they can more easily recognize what responsibility is and looks like in their everyday lives. | ☑ Responsibility word search template (see project)                                                                                                           |
| Responsibility Word Search |                                                                                                                                                                                                                 |                                                                                                                                                        |