

Respect



Sub-Concepts Covered: Self-care, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

The Respect Unit is our first unit in a series of six. This unit focuses primarily on helping students show respect for themselves, for others, and for their learning environment. They will do this through lessons on respectful listening, on respectful communication, and on working together in teams.

Unit Objective

Students will:

- Learn basic ways to show kindness and respect in the classroom and learning environment.
- Identify key elements of respectful listening.
- Build healthy communication skills to use during a disagreement.
- Work effectively in teams.

Student Introduction

Welcome to the Respect Unit! Over the next few weeks, we are going to build some superpowers around respect and kindness, which means we consider how our words and actions impact other people! Specifically, we want to be sure we are treating others with kindness and in ways that we would want others to treat us. We are going to focus on these important areas:

- Respecting ourselves, others, and our classroom!
- Using our WHOLE body to listen respectfully!
- Practicing respectful conversations!
- And working hard in teams!

Let's get started with our first lesson!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 The Ripples of Respect & Kindness	<ul style="list-style-type: none"> Learn basic ways to show kindness and respect in the classroom and learning environment. 	<ul style="list-style-type: none"> ☐ “One Kindness” by Jacqueline Woodson ☐ Large bowl that can hold water and one small stone per student. ☐ One stone per student – can be natural stone or spray paint the stones pink (each stone in future lessons has a specific color- see lesson for explanation)
Lesson 2 The Ripples of Respectful Listening	<ul style="list-style-type: none"> Identify key elements of respectful listening. Demonstrate respectful listening in small groups and during classmate presentations. 	<ul style="list-style-type: none"> ☐ “Lacey Walker, Nonstop Talker” by Christianne Jones ☐ White board, chalk board, large piece of paper to take notes on in front of the class, Smart Board ☐ Gold stones for the Kindness Pond
Lesson 3 The Ripples of Respectful Communication	<ul style="list-style-type: none"> Apply communication skills to conversations with disagreements. 	<ul style="list-style-type: none"> ☐ “Howard B. Wigglebottom Learns We Can All Get Along” by Howard Binkow ☐ Statement Cards (one for each student). It is recommended you print the cards on different colored paper to help cue students as to the cards statement. (see lesson) ☐ Turn, Say, Right Cards ☐ Blue stones for the Kindness Pond. If stones are not available, use another colored item (Legos, balls, etc.)
Lesson 4 The Ripples of Respectful Teamwork	<ul style="list-style-type: none"> Review and practice listening and working together in small groups. 	<ul style="list-style-type: none"> ☐ Video on Team Building (see lesson) ☐ Printed transcript if you cannot watch the video. ☐ Paper plates ☐ Tape or rope to mark the edges of the “pond” ☐ Green stones for the Kindness Pond

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 The Ripples of Respect at School	This project is designed to share with the school community what students have been learning and practicing in regard to respect, listening, communication, and teamwork.	<ul style="list-style-type: none"> ☐ Bulletin Board materials ☐ Colored markers

Project 2

Spread Kindness

This project is designed to help students recognize and select appropriate choices, phrases, and actions to respond (in the interest of kindness, respect, and self-care) to various situations.

- ☐ Poster paper
 - ☐ Markers
 - ☐ Black/white board
-