Inclusiveness

Sub-Concepts Covered: Fairness, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

In this unit, students learn what it means to be inclusive of others but also what it means to work to include themselves, especially in situations where it feels like they are being left out. This unit also covers the concepts of friendship, teamwork, and fairness, and gives students another opportunity to exercise their empathy skills in determining how to make situations fair and equal for everyone.

Unit Objective

Students will:

- Explore what true friendship looks like.
- Recognize that teamwork requires inclusiveness.
- Recognize the value of including ourselves in activities as a means toward including others.
- Apply problem-solving strategies to help make different situations fair and/or equal for everyone involved.

Student Introduction

Welcome to the Inclusiveness Unit! Being inclusive sounds easy but sometimes it's harder than we think. We might feel pressured to leave someone out or we, ourselves, might be left out. It's hard to be inclusive when we feel like we are not being included. These lessons will give you the skills to be more inclusive --- both of yourself and of others --- and will also give you an opportunity to practice teamwork and evaluate the differences between fairness and equality. There are a number of fun activities in these lessons that will show you just how fun and important it is to be inclusive!

- Friendship
- Teamwork
- Self-inclusion
- Fairness & Equality

Let's get started with our first lesson!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 Friendship Pie	● Explore what true friendship looks like. ● Name some of the qualities of a true friend.	❏ Computer/smart board to project the video clip ❏ *"Enemy Pie"* by Derek Munson
Lesson 2 Mission Possible: Teamwork	● Recognize that teamwork requires inclusiveness. ● Practice teamwork through a game situation.	❏ Enough paper plates (or pieces of construction paper) to accommodate the rules of the game. ❏ Masking or painters tape ❏ The Power of Teamwork Explained video: https://www.youtube.com/watch?app=desktop&v=SOIYTTFwBcM
Lesson 3 Including Yourself	● Recognize the value of including ourselves in activities as a means toward including others. ● Practice expressions of self-inclusion.	❏ A hat or bucket to hold the role-play strips ❏ Role play scenarios cut up into strips (see lesson)
Lesson 4 Fair vs. Equal	● Define fairness and equality. ● Apply problem-solving strategies to help make different situations fair and/or equal for everyone involved.	❏ N/A

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Friendship Chains	This unit is about inclusiveness, which involves talking with students about friendship. This project will give students an opportunity to synthesize their learning on friendship and apply the principles of what makes a good friend to their classmates. The objective is to build unity among students and encourage inclusiveness among everyone as each person will have a place on the friendship chain.	❏ Friendship video: https://www.youtube.com/watch?v=ReMq3KX8F94 ❏ Construction paper strips ❏ Markers ❏ Tape or stapler
Project 2 Inclusiveness Book	This project gives students an opportunity to relay what they have learned in the Inclusiveness Unit by making a classroom picture book about the concepts. You could also pick a target grade with which students can share their books/ideas, like Kindergarten. Help them pick an "audience" beforehand, if applicable.	❏ Firm white paper - something that will hold up over time ❏ Markers or whatever medium you want students to use to draw/create their pictures ❏ Stapler or three-ring binder