## Kindness in the Classroom® — 4th Grade



Hello Parents and Guardians,

Welcome to Unit 3 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about INCLUSIVENESS. Since this topic has been explored before, we will focus on the following topics:

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP AT HOME
You are Special	<ul> <li>What makes each of us special?</li> <li>How can we celebrate our uniqueness?</li> </ul>	Talk with your child about what makes them and your family special? How can you embrace the things that are "different" from everyone else?
Inclusiveness	<ul> <li>How can we include others, even if we do not know them?</li> <li>Why is it important to give everyone a chance during games and other activities?</li> </ul>	Discuss the connection between inclusiveness and kindness. Emphasize how including others requires kindness. We use our kind words and actions to make them feel welcome!
Fair vs. Equal	• How can something be fair but not equal? How can something be equal and yet unfair at the same time?	Explore the concept of fairness and equality. Identify ways that home rules might be different for children of different ages, yet fair due to abilities.

## Key activities we'll be doing:

- Investigate ways to increase inclusiveness!
- Utilize personal talent to complete a teamwork game!
- Practice inclusiveness through role play!
- Problem solve ways to increase fairness!

If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!

Sincerely,

## TRY THIS AT HOME!

Your child has been trying many new things at school lately! Talk with them about the ups and downs of trying things out. Emphasize the importance of perseverance, even when it feels like you are failing. Remind them that failing is just another opportunity for you try something a different way!