Caring Collage

For this project, students are going to make a collage that combines all the aspects of caring including kindness, self-care, reducing stress, compassion, and empathy. Students can include as many of these topics as they wish or they can focus on the one or two they feel is most important to them. The purpose of the collage is to allow students to reflect on and share their learning in a creative and hands-on way.

Caring Sub-Concept(s)
Compassion, Empathy, Kindness

Project Timeframe
25-30 minutes

Required Materials
❏ Folders or large pieces of construction paper
❏ Scissors
❏ Markers
❏ Magazines (for cutting out images/words)

The collage can be created physically through the use of magazines and other print images and a piece of cardboard/posterboard or it can be digitally using canva.com or google slides. Allow 20-25 minutes for students to create their Caring collage and then reconvene to have each student share their collage.

Wrap Up:

Use these questions to guide the conversation:
● Which images did you select to illustrate caring?
● Why did you choose them?
● Did you include any people in your collage? If so, who and why?
● What is one additional thing you would have included if you had more time?

Optional Extension Discussion Activity
● Have students do an at-home presentation of their collage for parents or guardians; have the parent or guardian sign the book or a sheet you can send home verifying the presentation or, better, have them work on a family definition of "caring" for their home.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SELect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

https://casel.org/guide/kindness-in-the-classroom/

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