Unit Introduction



Sub-Concepts Covered: Self-discipline, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This unit is the fifth of our six unit series. The goal is to explore responsibility and taking ownership for one's actions. We will also be giving students strategies on how to make responsible choices that ultimately promote kindness to self, others, and our community. There is a heavy focus on personal ownership for behavior and how it affects others and the community at large, which may connect nicely with your social studies standards.

Unit Objective

Students will:

- Define responsibility and self-discipline through both actions and words.
- Identify HOW to show responsibility at home, in school, and in the community.
- Draw connections between self-discipline and responsibility as it applies to their daily lives.
- Explain how to make responsible choices in a variety of settings.

Student Introduction

Welcome to the Responsibility Unit! This unit focuses on responsibility and how we are responsible for many things, including ourselves, the spaces we share with others (like our classroom!), and the environment. We will talk about real-life situations that require us to make responsible choices to care for ourselves, others, our community, and our environment! We are going to focus on these main areas:

- Making responsible decisions regarding ourselves and our personal spaces
- Exploring how our actions often directly affect others
- Practicing kind and responsible choices without prompting

Let's get started by focusing on personal responsibilities!

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Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 The Ladder of Responsibility	 Explain the difference between responsible and irresponsible actions. Create a responsibility ladder that highlights personal responsibilities. 	 Ladder Handout (see lesson) Basic Art Supplies
Lesson 2 Who's Responsible?	 Understand how their actions have consequences and affect others, even if they do not see it immediately Demonstrate the importance of following through on one's responsibilities 	 Butcher Paper with large circle divided into thirds for each group Writing utensils
Lesson 3 Going Green	 Explain the concept of being green as a method to reducing waste Identify ways children can be responsible for the environment through personal actions 	 Basic Art Supplies Pack of Index Cards
Lesson 4 Responsibility Charades	 Identify ways children can be responsible during difficult situations Explore ways to be responsible using charades 	 Butcher Paper Markers

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Egg Babies	Students will practice responsibility by taking care of their very own (hard boiled) egg baby for the day!	 1 hard boiled egg per student in the class sharpie markers 3 standard egg cartons cut up into 12 egg "pouches" for the babies notebook paper (or RAK Interactive Notebook if using)
Project 2 Simon Says Art	Students will take turns guiding the class in a collective painting exercise as others practice self-discipline by following peer led instructions.	 Canvas or Posterboard for each student. (11x14 or larger is preferred) Paintbrushes Paint (avoid watercolor) Paintshirts 1 Easel