Simon Says Art

We often think of personal responsibility as only affecting ourselves. However, our choices can and will influence others. This project uses art as a tool to practice both responsibility and self-discipline. Students will take turns adding to a master painting using simple shapes while the rest of the class follows along on their own painting exactly. After every student has had a chance to be the lead painter, the end result will be a class full of duplicate paintings (with a little personal flare no doubt!).

**Kindness Concept(s)**
Integrity, Kindness

**Project Timeframe**
25-30 minutes

**Required Materials**
- Canvas or Poster board for each student (11x14 or larger is preferred)
- paint brushes
- paint (avoid watercolor)
- paint shirts
- 1 easel

Note: This is a great opportunity to link up with the Art teacher for a combined lesson.

- Use clear instructions to responsibly guide the class in painting a simple shape on the master canvas.
- Use self-discipline to only paint what your leaders tell you to.

**Post Activity questions:**
- How hard was it to give clear, precise directions?
- Did you ever feel frustrated when you didn’t understand what you were supposed to do?
- If so, how were you able to use self-discipline to work through it?
- How hard was it to ONLY paint what you were instructed to?
- Which role did you prefer and why: leader or listening painter?
The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL’s SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL’s criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL’s highest designation for high-quality SEL programming.

https://casel.org/guide/kindness-in-the-classroom/