

#### Sub-Concepts Covered: Perseverance, Kindness,

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This unit is the fourth of our six unit series. We will introduce the concept of integrity as it relates to honesty and perseverance during this unit. Since this is the first grade that dives deeper into the actual concept of integrity, we will build off of honesty to aid in comprehension and application. The focus of this unit is twofold- understanding the importance and value of honesty as it relates to kindness, and using honest methods to persevere towards accomplishing personal goals.

#### Unit Objective

#### Students will:

- Review respect, caring, and inclusiveness.
- Define honesty, dishonesty, and perseverance.
- Understand the concept of "white lies" and how they build on each other.
- Identify strategies that help people persevere through challenges.
- Reinforce the skill of perseverance through goal development and follow through.

### **Student Introduction**

Thank you for practicing inclusiveness in our classroom as I observe others including new friends and trying out new ideas in a kind, caring, and respectful manner! We are ready to explore Integrity. This is an advanced word that connects back to honesty and always telling the truth, even when others aren't around. We will also use honesty and perseverance to try our hardest, even when something seems too tough and we would rather give up! It can be tempting to tell "white lies" to move ahead or avoid trouble- however our ultimate goal is a kind classroom and honesty is the best policy! Our main focus this unit are on the following areas:

- Making honest choices, every time!
- Becoming a person of integrity- say what you mean and mean what you say!
- Persevering through difficult times...you can reach your goals!

# RANDOM ACTS OF KINDNESS

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## Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 White Lie to Kind Truth	<ul> <li>Utilize caring and kindness to develop honest alternatives to deceptive actions.</li> <li>Demonstrate an understanding of the term "white lie" and explain how it is a form of dishonesty.</li> </ul>	"White Lie" to "Kind Truth" handout (see lesson)
Lesson 2 Integrity Obstacle Course	<ul> <li>Use integrity to ensure their partner avoids obstacles and reaches their destination safely.</li> <li>Explain how being honest helps others trust you.</li> </ul>	<ul> <li>Blindfolds (Can be shirts, scarves, etc.)</li> <li>The Empty Pot by Demi</li> </ul>
<b>Lesson 3</b> Integrity Role Play	<ul> <li>Demonstrate integrity through role plays.</li> <li>Explain how being honest helps others trust you.</li> </ul>	<ul> <li>Basic Art Supplies</li> <li>Scenario Cards handout (see lesson)</li> </ul>
<b>Lesson 4</b> Persevere to Your Goal!	<ul> <li>Establish a personal goal related to math.</li> <li>Use perseverance to accomplish a goal.</li> </ul>	<ul> <li>SMART goal graphic organizer for each student (see lesson)</li> <li>Pledge Sheet for each student (see lesson)</li> <li>Pencils</li> </ul>

## Unit Projects

Project Title	Project Overview	Materials Required
<b>Project 1</b> Door of Integrity	Students will work together to create a personalized handprint explaining one way they show integrity. Handprints are combined on the exterior classroom door for passersby to read.	<ul> <li>Different colored construction paper</li> <li>basic art materials</li> <li>bulletin board materials (letters, butcher paper, tape, etc.)</li> </ul>
<b>Project 2</b> Perseverance Treasure Map	Students will work in small groups and locate 12 items that correspond with the 12 letters in the word PERSEVERANCE, documenting their treasures on a classroom map.	<ul> <li>Classroom Map</li> <li>Clue Sheet</li> <li>Compass</li> <li>Pencils</li> </ul>