

Compliment Cards

This project aims to provide compliment cards to those in our school that might get overlooked. While the choice is ultimately up to each student, encourage them to look around and think of the adults and/or students in the school that do a great deal with little encouragement or public recognition (janitor, office staff, lunch staff, bus drivers, paraprofessionals, etc.).

Integrity Sub-Concept(s)

Kindness

Project Timeframe

25-30 minutes

Required Materials

- ☐ Compliment Cards (one per student)
- ☐ Basic art supplies

Background:

Genuine compliments help to promote positive self esteem and make people feel seen and part of a group. However, we tend to compliment people who do the “big” things or who are highly visible (like leaders or people who already get a lot of attention for their skills and abilities). In addition, our compliments tend to be at people we look up to or who are popular or well known, leaving others feeling left out or overlooked.

The goal of this project is to give compliments to people at school who are critically important but who rarely get as much praise or notice as other people. Our goal is to make everyone feel included and important in our school.

Step 1:

As a class, brainstorm a list of people within your school who do a lot to help the school run smoothly but who aren’t always recognized for all of their work and effort. Try to find one person for every student. If there aren’t that many support staff at your school, students can work in pairs or small groups, or people can receive more than one card.

Step 2:

Either ask students to pick a person from the list, or make these assignments yourself, and give them a Compliment Card. Help them write their person’s name on the compliment card. **NOTE:** Make sure you keep a list of who is receiving a compliment card. You will need this when it is time to deliver them.

Step 3:

Help students write their compliment first. To help, have a word bank for students to access as needed.

Step 4:

Allow students ample time to decorate their cards. This may take 30-45 minutes OR can be stretched out over 2 learning periods.

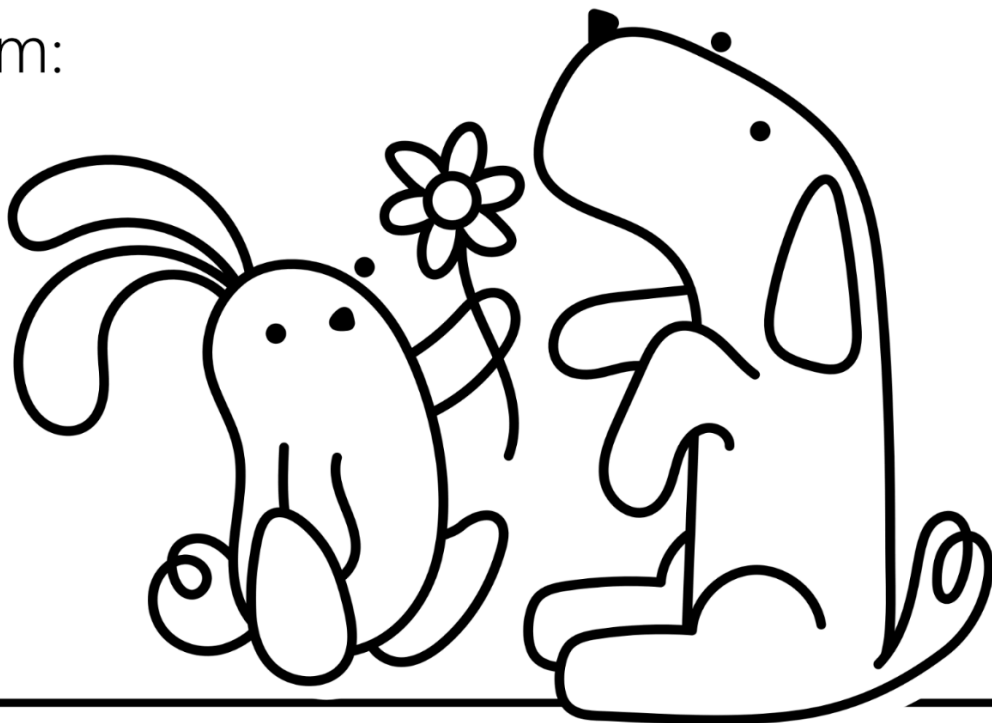
Step 5:

Deliver your compliment cards! This is the best part. If possible, try to find time for each student to individually deliver their cards (pull them out of a special, during recess, use an assistant, etc.).

We see you!

A note to thank _____ for:

From:





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Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

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