

Hello Parents and Guardians,

Welcome to Unit 3 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about INCLUSIVENESS. Since this is a pretty new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE WILL EXPLORE	HOW YOU CAN HELP AT HOME
You are Special	What makes each of us special?How can we celebrate our uniqueness?	Talk with your child about what makes them and your family special? How can you embrace the things that are "different" from everyone else?
Inclusiveness	 How can we include others, even if we do not know them? Why is it important to give everyone a chance during games and other activities? 	Discuss the connection between inclusiveness and kindness. Emphasize how including others requires kindness. We use our kind words and actions to make them feel welcome.
Fair vs. Equal	How can something be fair but not equal?How can something be equal and yet unfair at the same time?	Explore the concept of fairness and equality. Identify ways that home rules might be different for children of different ages, yet fair due to abilities.

Key activities we'll be doing:

- Celebrate our uniqueness through art!
- Complete talent bingo to highlight skills in our class!
- Discuss fairness and equality!
- Find common ground with others!

TRY THIS AT HOME!

Ask your child about the pipe cleaner activity. If desired, use pipe cleaners to create something that illustrates a personal attribute about yourself. Give only one clue about your creation and allow your child to guess what you made. Discuss the importance of your creation and how it connects to you personally.

If you have any questions about our Kindness in the Classroom lessons, please feel free to contact me at any time. We are on this kindness path together!

Sincerely,

RANDOM ACTS OF KINDNESS FOUNDATION®