Tree of Respect

This project is designed to help students review different ways they can show kindness and respect to people, places, and things, and give them an opportunity to do these acts of kindness on a regular basis.

Respect Sub-Concept(s)
Self-care, Kindness

Project Timeframe
25-30 minutes

Required Materials
- ❏ Bulletin Board materials
- ❏ Colored markers
- ❏ Brown paper for trunk
- ❏ Colored paper for leaves

Project Details:

Set up a bulletin board or designate wall space to design a tree that will be made out of paper. Prepare the trunk and branches by cutting out these shapes from brown paper and tape to the wall or pin to the board.

Then, cut out or ask students to cut out a variety of leaves from colored paper.

Ask students to write (or draw) one act of kindness or respect on their leaf; if there is time, students can create more than one leaf. Some examples could be, "Pick up garbage in the classroom," "Push the chairs in" "Say thank you at lunch." Encourage students to think of acts they can do to show respect for people, places, and things.

When all the leaves are created, have students tape them to the branches of the tree. Throughout the rest of the month, invite students to take a leaf from the tree and do the act of kindness or respect on the leaf.

When your tree is bare, invite students to create more leaves and do it again!

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SELect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

https://casel.org/guide/kindness-in-the-classroom/