

Sub-Concepts Covered: Self-discipline, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This unit is the fifth of our six unit series. The goal is to explore responsibility and taking ownership for one's actions. We will also be giving students strategies on how to make responsible choices that ultimately promote kindness to self, others, and our community. There is a large focus on the larger community and recycling within this unit, so you may be able to pair these lessons up with your core content.

Unit Objective

Students will:

- Define responsibility and self-discipline through both actions and words.
- Identify HOW to show responsibility at home and school.
- Draw connections between self-discipline and responsibility as it applies to their daily lives.
- Explain how to make responsible choices in a variety of settings.

Student Introduction

Welcome to the Responsibility Unit! This unit focuses on responsibility and how we are responsible for many things, including ourselves, the spaces we share with others (like our classroom!), and the environment. We will talk about real-life situations that require us to make responsible choices to care for ourselves, others, our community, and our environment! We are going to focus on these main areas:

- Making responsible decisions regarding ourselves and our personal spaces
- Exploring how others' responsible actions directly affect us
- Practicing kind and responsible choices without prompting

Let's get started by focusing on our personal spaces in our classroom!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 Clean Sweep	 Explain the difference between responsible and irresponsible actions. Practice activities in the classroom that require responsibility to one's self. 	 Copies of the Organized desk picture (will vary by classroom- taken by teacher) Mrs. McBloom, Clean Up Your Classroom! By Kelly DiPuchio
Lesson 2 A Sandwich of Responsibility	 Understand how their actions have consequences and affect others, even if they do not see it immediately Demonstrate the importance of following through on one's responsibilities. 	 Sandwich ingredients- sliced bread, cheese, roast beef, lettuce Sandwich of Responsibility Worksheet (see Lesson)
Lesson 3 Environmentally Responsible Charades	 Identify ways children can be responsible for the environment through personal actions Explore ways to be responsible using charades. 	☐ Basic Art Supplies ☐ Blank paper ☐ Scenario Cards (see Lesson)
Lesson 4 Kindness Koupons!	 Identify ways children can be respond with kindness towards others in a variety of situations Practice acts of kindness at home 	☐ Basic Art Supplies ☐ Coupon Book template (see Lesson)

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Class Cash	Students will practice responsibility and self-discipline through the establishment of a classroom store based on responsible actions	☐ Class Cash (see Lesson) ☐ Prizes (will vary) ☐ Envelopes
Project 2 Recycle Responsibly	in school each day. Students will be responsible for starting and tracking an aluminum can recycling	☐ Large Cardboard box for each participating class
	competition across the grades.	Bulletin Board SuppliesButcher Paper for tracking