Filling Our Buckets with Respect

During this Unit we have been focusing on the three levels of respect: Self-Respect, Respect for Others, and Respect for the Community. To help permeate this idea into everyday conversation, the class will create a bulletin board to encourage the expression of respect on all three levels.

Respect Sub-Concept(s)
Self-Care, Kindness

Project Timeframe
25-30 minutes

Required Materials
❏ Bulletin board materials
❏ Two cut-outs of the Kindness Bucket (below)
❏ Sticky notes

Project Instructions

The design of the board is simple: create two new buckets that can go on a bulletin board or area next to where students' personal buckets are displayed. Label one of the buckets "Others" and the other "School".

At the end of your day, close your class time with a RESPECT ROUND UP. Each student has the opportunity to identify a way they showed respect in one of the three areas (Self, Others, School). Write down their answer and have them place the sticky note in the corresponding bucket. Challenge your class to fill up all 3 buckets of respect by the end of the week or month (decide on the timeline ahead of time). If one area seems to be less full, encourage the entire class to focus more on that aspect of respect.

DESIGNATED
SELect Program

DESIGNATED BY CASEL AS A RECOMMENDED PROGRAM FOR SOCIAL AND EMOTIONAL LEARNING.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SELect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

https://casel.org/guide/kindness-in-the-classroom/
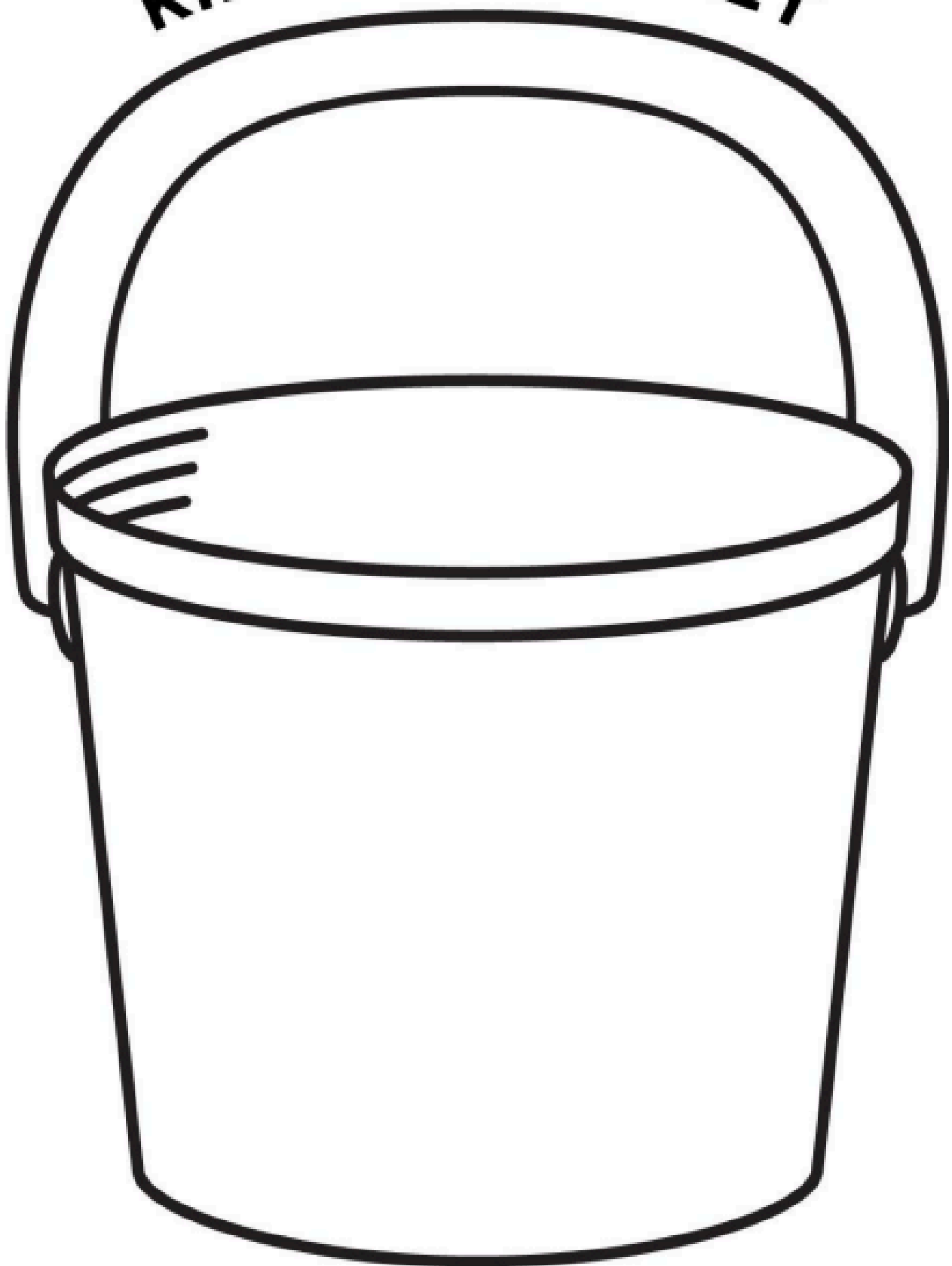
RANDOM ACTS OF KINDNESS
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KINDNESS BUCKET