**Integrity Unit**

This Standards Map summarizes each of the standards met by all lessons within this unit. All *Kindness in the Classroom* lesson plans have been mapped to the five CASEL Core Social Emotional Learning (SEL) Competencies, the Centers for Disease Control and Prevention’s National Health Education Standards (NHES), and the national Common Core State Standards for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

**Lesson 1: The Lie Snowball**

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<td><strong>Self-awareness</strong></td>
<td>Standard 1. Understanding concepts</td>
<td>English Language Arts Standards&lt;br&gt;Reading: Literature&lt;br&gt;Key Ideas and Details: &lt;br&gt;CCSS.ELA-LITERACY.RL.1.1&lt;br&gt;Ask and answer questions about key details in a text.</td>
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<tr>
<td>Identifying emotions&lt;br&gt;Accurate self-perception</td>
<td>1.2.1 - Identify that healthy behaviors impact personal health.</td>
<td>CCSS.ELA-LITERACY.RL.1.3&lt;br&gt;Describe characters, settings, and major events in a story, using key details.</td>
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<tr>
<td><strong>Self-management</strong></td>
<td>Standard 7. Practicing healthy behaviors</td>
<td><strong>Craft and Structure:</strong> &lt;br&gt;CCSS.ELA-LITERACY.RL.1.4&lt;br&gt;Identify words and phrases in stories or poems that suggest feelings or appeal to the senses.</td>
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<td>Impulse control&lt;br&gt;Self-discipline&lt;br&gt;Self-motivation</td>
<td>7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.</td>
<td><strong>Presentation of Knowledge and Ideas:</strong>&lt;br&gt;CCSS.ELA-LITERACY.SL.1.4&lt;br&gt;Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.</td>
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<td><strong>Social awareness</strong></td>
<td></td>
<td><strong>CCSS.ELA-LITERACY.SL.1.5&lt;br&gt;Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.</strong></td>
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Conventions of Standard English:
CCSS.ELA-LITERACY.L.1.1
Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

Vocabulary Acquisition and Use:
CCSS.ELA-LITERACY.L.1.5
With guidance and support from adults, demonstrate understanding of word relationships and nuances in word meanings.
CCSS.ELA-LITERACY.L.1.5.A
Sort words into categories (e.g., colors, clothing) to gain a sense of the concepts the categories represent.
CCSS.ELA-LITERACY.L.1.5.C
Identify real-life connections between words and their use (e.g., note places at home that are cozy).
Lesson 2: An Honest Review

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<td><strong>Standard 1. Understanding concepts</strong>&lt;br&gt;1.2.1 - Identify that healthy behaviors impact personal health.</td>
<td><strong>English Language Arts Standards</strong>&lt;br&gt;<strong>Reading: Literature</strong>&lt;br&gt;<strong>Key Ideas and Details:</strong>&lt;br&gt;CCSS.ELA-LITERACY.RL.1.1&lt;br&gt;Ask and answer questions about key details in a text.&lt;br&gt;CCSS.ELA-LITERACY.RL.1.3&lt;br&gt;Describe characters, settings, and major events in a story, using key details.&lt;br&gt;<strong>Craft and Structure:</strong>&lt;br&gt;CCSS.ELA-LITERACY.RL.1.4&lt;br&gt;Identify words and phrases in stories or poems that suggest feelings or appeal to the senses.&lt;br&gt;<strong>Integration of Knowledge and Ideas:</strong>&lt;br&gt;CCSS.ELA-LITERACY.RL.1.7&lt;br&gt;Use illustrations and details in a story to describe its characters, setting, or events.&lt;br&gt;<strong>Speaking &amp; Listening</strong>&lt;br&gt;<strong>Comprehension and Collaboration:</strong>&lt;br&gt;CCSS.ELA-LITERACY.SL.1.1&lt;br&gt;Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups.&lt;br&gt;CCSS.ELA-LITERACY.SL.1.1.A&lt;br&gt;Follow agreed-upon rules for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion).&lt;br&gt;CCSS.ELA-LITERACY.SL.1.1.B&lt;br&gt;Build on others’ talk in conversations by responding to the comments of others through multiple exchanges.&lt;br&gt;CCSS.ELA-LITERACY.SL.1.1.C&lt;br&gt;Ask questions to clear up any confusion about the topics and texts under discussion.&lt;br&gt;CCSS.ELA-LITERACY.SL.1.2&lt;br&gt;Ask and answer questions about key details in a text read aloud or information presented orally or through other media.&lt;br&gt;CCSS.ELA-LITERACY.SL.1.3&lt;br&gt;Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood.&lt;br&gt;<strong>Presentation of Knowledge and Ideas:</strong>&lt;br&gt;CCSS.ELA-LITERACY.SL.1.4&lt;br&gt;Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.&lt;br&gt;CCSS.ELA-LITERACY.SL.1.5&lt;br&gt;Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.&lt;br&gt;<strong>Language</strong>&lt;br&gt;<strong>Conventions of Standard English:</strong>&lt;br&gt;CCSS.ELA-LITERACY.L.1.1&lt;br&gt;Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.&lt;br&gt;<strong>Vocabulary Acquisition and Use:</strong>&lt;br&gt;CCSS.ELA-LITERACY.L.1.5&lt;br&gt;With guidance and support from adults, demonstrate understanding of word relationships and nuances in word meanings.&lt;br&gt;CCSS.ELA-LITERACY.L.1.5.C&lt;br&gt;Identify real-life connections between words and their use (e.g., note places at home that are cozy).</td>
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Lesson 3: Perseverance Puzzles

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**Self-awareness**
- Identifying emotions
- Accurate self-perception
- Recognizing strengths
- Self-confidence
- Self-efficacy

**Self-management**
- Goal-setting
- Organizational skills

**Social awareness**
- Appreciating diversity
- Respect for others

**Relationship skills**
- Communication
- Teamwork

**Responsible decision-making**
- Identifying problems
- Analyzing situations
- Evaluating
- Reflecting

**Standard 1. Understanding concepts**
1.2.1 - Identify that healthy behaviors impact personal health.

**Standard 7. Practicing healthy behaviors**
7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.

**English Language Arts Standards**

**Reading: Literature**

**Key Ideas and Details:**
CCSS.ELA-LITERACY.RL.1.1
Ask and answer questions about key details in a text.
CCSS.ELA-LITERACY.RL.1.3
Describe characters, settings, and major events in a story, using key details

**Craft and Structure:**
CCSS.ELA-LITERACY.RL.1.4
Identify words and phrases in stories or poems that suggest feelings or appeal to the senses.

**Integration of Knowledge and Ideas:**
CCSS.ELA-LITERACY.RL.1.7
Use illustrations and details in a story to describe its characters, setting, or events.

**Speaking & Listening**

**Comprehension and Collaboration:**
CCSS.ELA-LITERACY.SL.1.1
Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups.
CCSS.ELA-LITERACY.SL.11.A
Follow agreed-upon rules for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion).
CCSS.ELA-LITERACY.SL.11.B
Build on others’ talk in conversations by responding to the comments of others through multiple exchanges.
CCSS.ELA-LITERACY.SL.11.C
Ask questions to clear up any confusion about the topics and texts under discussion.
CCSS.ELA-LITERACY.SL.1.2
Ask and answer questions about key details in a text read aloud or information presented orally or through other media.
CCSS.ELA-LITERACY.SL.1.3
Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood.

**Presentation of Knowledge and Ideas:**
CCSS.ELA-LITERACY.SL.1.4
Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.
CCSS.ELA-LITERACY.SL.1.5
Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.

**Language**

**Conventions of Standard English:**
CCSS.ELA-LITERACY.L.1.1
Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

**Vocabulary Acquisition and Use:**
CCSS.ELA-LITERACY.L.1.5
With guidance and support from adults, demonstrate understanding of word relationships and nuances in word meanings.
CCSS.ELA-LITERACY.L.1.5.C
Identify real-life connections between words and their use (e.g., note places at home that are cozy).
Standards for Mathematical Practice

Geometry

Reason with shapes and their attributes.

CCSS.Math.Content.1.G.A.1
Distinguish between defining attributes (e.g., triangles are closed and three-sided) versus non-defining attributes (e.g., color, orientation, overall size); build and draw shapes to possess defining attributes.

CCSS.Math.Content.1.G.A.2
Compose two-dimensional shapes (rectangles, squares, trapezoids, triangles, half-circles, and quarter-circles) or three-dimensional shapes (cubes, right rectangular prisms, right circular cones, and right circular cylinders) to create a composite shape, and compose new shapes from the composite shape.
### Lesson 4: A Community of Integrity

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<td><strong>Standard 1. Understanding concepts</strong>&lt;br&gt;1.2.1 - Identify that healthy behaviors impact personal health.</td>
<td><strong>English Language Arts Standards</strong>&lt;br&gt;<strong>Writing</strong>&lt;br&gt;Research to Build and Present Knowledge:&lt;br&gt;CCSS.ELA-LITERACY.W.1.8 With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.</td>
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<td><strong>Self-management</strong>&lt;br&gt;Goal-setting&lt;br&gt;Organizational skills</td>
<td><strong>Standard 2. Analyzing influences</strong>&lt;br&gt;2.2.2 - Identify what the school can do to support personal health practices and behaviors.</td>
<td><strong>Speaking &amp; Listening</strong>&lt;br&gt;<strong>Comprehension and Collaboration:</strong>&lt;br&gt;CCSS.ELA-LITERACY.SL.11 Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups. &lt;br&gt;CCSS.ELA-LITERACY.SL.11.A Follow agreed-upon rules for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion).&lt;br&gt;CCSS.ELA-LITERACY.SL.11.B Build on others’ talk in conversations by responding to the comments of others through multiple exchanges.&lt;br&gt;CCSS.ELA-LITERACY.SL.11.C Ask questions to clear up any confusion about the topics and texts under discussion.&lt;br&gt;CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.&lt;br&gt;CCSS.ELA-LITERACY.SL.1.3 Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood.</td>
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<td><strong>Social awareness</strong>&lt;br&gt;Perspective-taking&lt;br&gt;Appreciating diversity&lt;br&gt;Respect for others</td>
<td><strong>Standard 3. Accessing valid information</strong>&lt;br&gt;3.2.1 - Identify trusted adults and professionals who can help promote health.&lt;br&gt;3.2.2 - Identify ways to locate school and community health helpers.</td>
<td><strong>Presentation of Knowledge and Ideas:</strong>&lt;br&gt;CCSS.ELA-LITERACY.SL.1.4 Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.&lt;br&gt;CCSS.ELA-LITERACY.SL.1.5 Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.</td>
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<td><strong>Relationship skills</strong>&lt;br&gt;Communication&lt;br&gt;Social engagement&lt;br&gt;Relationship-building&lt;br&gt;Teamwork</td>
<td><strong>Standard 5. Decision-making</strong>&lt;br&gt;5.2.1 - Identify situations when a health-related decision is needed.</td>
<td><strong>Language</strong>&lt;br&gt;<strong>Conventions of Standard English:</strong>&lt;br&gt;CCSS.ELA-LITERACY.L.1.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. &lt;br&gt;<strong>Vocabulary Acquisition and Use:</strong>&lt;br&gt;CCSS.ELA-LITERACY.L.1.5 With guidance and support from adults, demonstrate understanding of word relationships and nuances in word meanings. &lt;br&gt;CCSS.ELA-LITERACY.L.1.5.C Identify real-life connections between words and their use (e.g., note places at home that are cozy).</td>
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<td><strong>Responsible decision-making</strong>&lt;br&gt;Identifying problems&lt;br&gt;Analyzing situations&lt;br&gt;Evaluating&lt;br&gt;Reflecting&lt;br&gt;Ethical responsibility</td>
<td><strong>Standard 7. Practicing healthy behaviors</strong>&lt;br&gt;7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.</td>
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The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SESelect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

https://casel.org/guide/kindness-in-the-classroom/