

# Integrity



Hello Parents and Guardians,

Welcome to Unit 4 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about INTEGRITY. Since this is a very new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE WILL EXPLORE	HOW YOU CAN HELP AT HOME
<b>Honesty</b>	<ul style="list-style-type: none"><li>• Why is honesty the best policy?</li><li>• What happens when we start to tell little lies?</li><li>• How do these lies start to build on each other?</li></ul>	Talk with your child about the importance of always telling the truth, even when it is difficult. When we get into the habit of telling lies, adults start to trust us less and less.
<b>Teamwork</b>	<ul style="list-style-type: none"><li>• How do we stick with things, even when they are difficult for us?</li><li>• How can we use honesty to reach our goals?</li><li>• Why is it important to keep trying when something is hard?</li><li>• How does cheating hurt us in the long run?</li></ul>	Practice identifying small goals with your child. List the steps it will take for them to reach that goal. Celebrate with them when they succeed! Goal setting is a lifelong skill.

**Key activities we'll be doing:**

- Complete a science experiment to illustrate how lies are difficult to control!
- Practice using kind words through role plays!
- Read books about the importance of honesty as the best policy!
- Explore the value of every student in the classroom!

**TRY THIS AT HOME!**

Grow your favorite flower/plant with your student. Discuss the importance of practicing integrity with watering, kind words, and overall care for your plant. It cannot live if you are not honest in your duties to care for it!

**If you have any questions about our Kindness in the Classroom lessons, please feel free to contact me at any time. We are on this kindness path together!**

Sincerely,