



Inclusiveness

Sub-Concepts Covered: Fairness, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

The Inclusiveness Unit is our third unit out of the six unit series. The focus in our Inclusiveness Unit is on exploring ways to include others through kindness. This unit allows students the opportunity to practice the concepts of kindness, respect, and caring through tangible activities that are teacher guided. Lessons are geared towards both past concept application and exploration around what makes each person special, how we can honor each person's uniqueness, and including others that may be different from you.

Unit Objective

Students will:

- Review the concepts of respect and caring.
- Explain the difference between include and exclude.
- Explore how fairness is connected to inclusiveness.
- Understand the relationship between kindness and inclusiveness.

Student Introduction

We are now respectful and caring members of our class! Using these skills, it is time for us to explore inclusiveness and how we can include others. When we include others in what we are doing and by treating them kindly, we are practicing inclusiveness!

We will also celebrate what makes each of us special and what makes others special as well. Even though we are different, we can all be included! We will be learning about these main topics:

- What makes each of us special in our own unique way!
- Using kindness to include others every day!
- Practicing cooperation as a method of including others!

Let's start by learning about our special and unique qualities as a class!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 Cooperative Musical Chairs	<ul style="list-style-type: none"> ● Explain the importance of fairness when playing cooperative games. ● Demonstrate ways to include others that are different from themselves. 	<ul style="list-style-type: none"> ☐ <i>Horace and Morris, But Mostly Dolores</i> by James Howe ☐ Music for the activity ☐ Chairs for each student minus one
Lesson 2 The Instrument Song	<ul style="list-style-type: none"> ● Practice cooperative activities and inclusiveness through music. ● Reproduce upward and downward directions vocally. ● Experience music from various historical periods and cultures. 	<ul style="list-style-type: none"> ☐ Internet ☐ Speakers to play music ☐ Musical Parts handouts (see Lesson) ☐ Sheet Music (optional, see Lesson) ☐ Pictures of Instruments (see Lesson)
Lesson 3 Odd One Out	<ul style="list-style-type: none"> ● Practice cooperative activities and inclusiveness during a math lesson.. ● Demonstrate an understanding of inclusiveness through the use of even and odd math groupings. ● Explain how addition works using physical bonds with other students. 	<ul style="list-style-type: none"> ☐ Number Flashcards (see Lesson) ☐ Blank Paper ☐ Crayons
Lesson 4 Teamwork for the Win!	<ul style="list-style-type: none"> ● Practice cooperative activities and inclusiveness through group games. ● Demonstrate an understanding of inclusiveness through partner, small group and larger group activities. 	<ul style="list-style-type: none"> ☐ <i>Bat's Big Game</i> by Margaret Read MacDonald ☐ A bag of 15 balloons

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 My Personalized Pendant	Students will create a personalized pendant to highlight what makes them a special addition to the classroom community.	<ul style="list-style-type: none"> ☐ One pendant printed on cardstock ☐ sturdy straw or popsicle stick ☐ tape ☐ glue sticks ☐ fun art supplies (feathers, glitter, etc.) to personalize pendant ☐ picture of each child
Project 2 Building Inclusiveness-Lego Style!	Students will use Legos to brainstorm ways to include others throughout their school day.	<ul style="list-style-type: none"> ☐ A bowl of Legos for each student ☐ A Lego mat for each student (optional) ☐ Sequencing cards (see Lesson) ☐ Duplo Legos for children with manual dexterity struggles