

KINDNESS AT HOME™ JOURNAL

INCLUSIVENESS • Week 4 • Ages 8-12

So far we have talked about what inclusiveness means (remember, it means **including others, inviting them in, and welcoming them with open arms!**) - And we have talked about fairness and equity. Let's wrap up this week by talking about how inclusiveness goes hand-in-hand with kindness!

It is *kind* to be inclusive!

YOUR TURN

Journal Prompt this week:

Write down 5 things you can do to make others feel included. From that list, highlight or underline the things that are also kind. (Hint: You might find that they are all kind!) Then, draw a picture of your favorite thing from that list.



