

KINDNESS AT HOME™ JOURNAL

RESPONSIBILITY • Week 4 • Ages 13-Adult

When you have an opportunity to be wholly responsible with your time and talent, to do what is expected or required of you, take it. It will energize you for the next task. You will feel good if you have used your time wisely, if you have used your abilities to their fullest. You will be motivated to be better, to continue learning, to share insight, and to build a better home life. Modeling this type of responsibility is good for others in your household, too. Everyone gets tired; it takes self-discipline and perseverance to press on each day. You can be a leader in this area, even if you are not an adult. Press on!

Remember:

Responsibility is being reliable to do the things that are expected or required of you.

YOUR TURN

Journal Prompt this week:

How do you manage your time? Do you find yourself easily distracted by your phone/computer/friends? Write about this below.



