

KINDNESS AT HOME™ JOURNAL

RESPECT • Week 3 • Ages 8-12

Sometimes we may find it easier to show respect to people OUTSIDE our home, such as our teachers and friends. However, respect needs to start IN the home first.

How do you treat the people you live with? Are there some people you struggle to get along with? Sometimes different interests can make it tough to connect with others, but we still need to be respectful in our words and actions.

Even when we don't see eye to eye, we can still be respectful.

Remember, **Respect is treating people, places, and things with kindness.**

This week, aim to treat everyone in your home with respect, even those with different interests.

YOUR TURN

Journal Prompt this week:

What is one way you feel respected in your home?



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