

# Chore Charts

KINDNESS AT HOME™  
ACT • Week 4 • RESPONSIBILITY

## Lesson Timeframe

15 min set up

10 min daily check in

## Materials

- ☐ Chore Charts for EVERY FAMILY MEMBER (adults included) Print below
- ☐ Pencils

A template for a chore chart. At the top, it says "CHORE CHART" and "WEEK OF: \_\_\_\_\_". Below this is a table with columns for days of the week (S, M, T, W, TH, F, S) and rows for tasks. The table is labeled "TASK TO DO" on the left. At the bottom, there is a section labeled "REMINDERS" with a large empty box for notes.

## ACT

We have spent this entire month focusing on what responsibility is and how we can increase responsibility both for ourselves and within our home. Now it's time to act on what we've learned! This week the goal is to create and complete a weekly chore chart. Remember, **Responsibility is being reliable to do what is expected or required of you.** Your family relies on you to complete certain chores daily and weekly in order to help the household run smoothly. Completing your chores with a positive and kind attitude also helps to promote a spirit of love and teamwork. If all the chore charts are completed at a rate 75% or higher, reward yourselves!

**We will reward our responsible behaviors this week by (write the reward below):**

## PREP:

Take time together to prepare by doing the following:

- Print out (or handwrite) a blank chore chart for EVERY MEMBER of your family. This includes adults.
- Fill out the name and daily/weekly responsibilities for each person on their own chore chart.
- Hang all the chore charts in a centralized location for ease of tracking.
- Designate a time each day to come together and mark off your chores completed.

## PROJECT:

As a group, review the rules for the Chore Charts:

- You are responsible for your own chores FIRST. You may help others only after your chores are finished.
- You must be honest. If you did not complete a chore, speak up. No one is perfect.
- If you need help, please ask.
- Try your best with each chore on your list.



## Level Up!

Want to take your Chore Charts to the next level? Swap your chore charts and do other people's chores! Then discuss the experience at the end of the week.

# \_\_\_\_\_'S CHORE CHART

WEEK OF: \_\_\_\_\_

TASK TO DO

_____	S	M	T	W	TH	F	S
_____	●	●	●	●	●	●	●
_____	●	●	●	●	●	●	●
_____	●	●	●	●	●	●	●
_____	●	●	●	●	●	●	●
_____	●	●	●	●	●	●	●
_____	●	●	●	●	●	●	●
_____	●	●	●	●	●	●	●
_____	●	●	●	●	●	●	●
_____	●	●	●	●	●	●	●

REMINDERS