

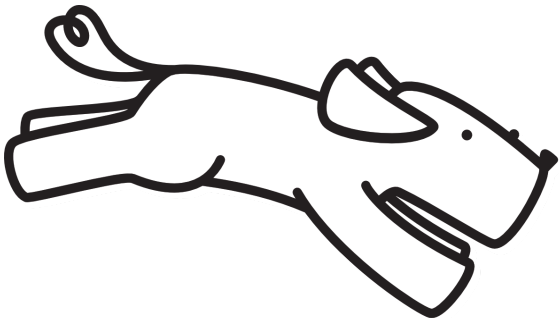
## KINDNESS AT HOME™ JOURNAL

### RESPONSIBILITY • Week 4 • Ages 4-7

When you look at the word responsibility, you'll see that another word is hidden inside it: response. It is your responsibility to respond with kindness, even when you do not want to do something. It is also our responsibility to step up and be a good example. Even though you are young, you can still be a good influence for others around you, even the teens and adults!

Response and responsibility go hand-in-hand. Your response can help influence others to make good choices as well!

Remember: **Responsibility is being reliable to do the things that are expected or required of you.**



### YOUR TURN

Journal Prompt this week:

How can your positive words help your family today? How can your kind words during chore time make it easier for everyone else too?

A large empty rectangular box with an orange border, intended for journaling.

How can you help younger family members or neighbors so they respond with kindness during chore time too?

*Draw or write an example below.*

Think about a time when you did not respond kindly when asked to complete a new chore or task. How could you change your response?

*Draw a before and after picture below.*

Brainstorm 2-3 situations that require you to respond by getting an adult. Why do you need an adult? What could happen if you do not act responsibly and don't get help?

*Draw a picture of one time when you responded by getting help and how it turned out.*

What might happen if your responses to others are negative?  
How might this affect others around you?

*Write or draw about it below.*