Send an unexpected, handwritten postcard or letter to a loved one.

Invite some friends or family members to a fun night out at an Escape Room.

Leave unused coupons next to the corresponding products at the grocery store.

Gift a loved one an experience rather than a material gift.

Send cheerful holiday cards with inspiring quotes to hospitalized children using the Cardz for Kidz service.

Hand out candy canes along with a smile or a note wishing the recipient a joyful holiday season.

Purchase a Christmas tree for a family that can’t afford one.

Get festive and decorate your home for the holidays.

Get a few $5 gift cards to hand out to unsuspecting passersby.

Respect yourself. Make others aware of your boundaries.

Write a list of goals you would like to accomplish in your life.

Visit www.randomactsofkindness.org for more kindness ideas.