

Kindness Capstone • Day 1 • Introduction

During this second week of our Kindness Capstone Project we will work out the details of our small group projects, which center around the kindness asset that was poorly represented in our community and agreed upon via vote within the class.

Weekly Objectives

Students will:

- Create a detailed plan for their small group Kindness Capstone Project
- Develop an outline with specific steps on how to implement the project within the community.

Resources / Materials

- VIDEO:**
<https://youtu.be/e6BxcdbI5Ws>

Reflect / Assess

Deliverables:

- Kindness Capstone Project Proposal
- Daily Participation points

Share

Discussion Starters:

- If you could see one community change related to our selected kindness asset, what would it be and why?
- What do you envision will be the hardest obstacle to overcome when trying to create community change?
- How can we use kindness to overcome barriers and really work towards meaningful change in our community?



Inspire

How do you start a community service type project? It can feel overwhelming, but once we break it down it will feel much more manageable! Watch the following video by DoSomething.org for an excellent explanation of the process listed below:

<https://youtu.be/e6BxcdbI5Ws>



Breakdown of Steps:

1. Examine: We accomplished this through our community mapping.
2. Identify: We have narrowed down our focus to one underrepresented kindness asset.
3. Research: What project will accomplish our kindness goal? Why? What is the research behind your project selection? Be prepared to explain the WHY behind the project.
4. Plan: Who? What? Why? How?
5. Set Goals: This includes not only establishing an end goal, but also creating a series of mini-goals along the way to ensure success.
6. Create Timeline: Large projects work best when a clear timeline is established. Be realistic in what you can accomplish and how long it will take. Enlist Community Collaborators to help lighten the load!

Empower

Now it's our turn! We will work this week to narrow down our focus to 4 community based Kindness Capstone projects and plan them out. To do this, each of you must submit one idea that seeks to fill the gap we identified last week. Each proposal must include the following:

- A name or title
- 1-3 sentences briefly explaining the idea
- Ideas for community collaborators that can help us implement the idea (organizations, public officials, etc.)

Allow students the rest of the class period to complete their proposal. All proposals **MUST** be submitted to the teacher before class ends.

