

# Courage Day 4 • Community Connection

**RAK Definition:** Courage is being brave when facing new or difficult circumstances.

Today students will conduct their fifth community connection. Each Thursday of Weeks 2-7 they will brainstorm where in the community the kindness concept of the week is represented. This week they will investigate where in the community they most see elements of courage. **Make sure to save these notes as they are VITAL for the Kindness Capstone Project that is completed during the second half of the semester.**

## Weekly Objectives

Students will:

- Identify symbols and acts of courage.
- Evaluate the difference between vulnerability and over-sharing.
- Evaluate their community through the lens of courage.

## Resources / Materials

- Writing Supplies:**  
Paper/writing utensils

## Reflect / Assess

**Deliverables:**

- Daily Participation points
- Community Connection worksheet
- Courage Journal Entry:** What would you look for in a courageous company? What do you think would prevent a company from doing something courageous?

## Share

**Discussion Starters:**

- When you think about courageous leaders, who comes to mind? What makes them courageous?
- Who, in the community, do you consider a courageous leader?



## Inspire

**Review:**

- Review the RAK definition of courage.
- Review the difference between vulnerability and oversharing.



**What does an organization with high courage look like?**

- Can anyone think of a large company (national or global) that is a good example of courage?
- If time permits:** Review [The Body Shop's website](#). As a highly activist company, what are they doing that might be considered courageous? If you look up this company's socials, does it seem like it overshares?

## Empower

**Step 1: Mapping out kindness assets (Focus: Courage)**

*Hand out the Community Connection worksheet (same as last week) and have students spend the rest of class gathering data regarding where **courage is a clear part** of the local community. Use the same community boundaries/definition that you have identified for the past kindness concepts.*



If students need more time, they should take their worksheet home with them and complete it for the next day. **Encourage students to get out and walk through the community whenever possible to really get a feel for the inclusiveness that is present in different areas.**

# Community Connection Worksheet

## Instructions

Think about your community. This includes many things, such as:

- Public parks and community spaces
- Private businesses
- Big box stores
- Schools
- Religious organizations/buildings
- Government organizations/buildings
- Medical facilities/personnel
- People/Officials
- Police, Fire, and Rescue
- Restaurants
- Non-profit organizations
- Recreational facilities

In the space to the right, identify what parts of your community **best** demonstrate **courage** and how. Find three groups, organizations, businesses, etc. that foster a sense of caring for self and for others. Be as specific as possible.

## Resources

- Your community's Chamber of Commerce is a great resource for local business information.
- Try Googling your town to see what comes up and then research individual businesses or organizations.
- Many businesses have social media accounts; see what you can learn about their connection to courage there.
- Visit these businesses and observe/ask questions.

## Complete Below

**Organization 1** \_\_\_\_\_

**Location** \_\_\_\_\_

**How** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Organization 2** \_\_\_\_\_

**Location** \_\_\_\_\_

**How** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Organization 3** \_\_\_\_\_

**Location** \_\_\_\_\_

**How** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_