

Integrity Day 1 • Introduction

RAK Definition: Integrity is acting in a way you know to be right and kind in all situations.

This lesson introduces the concept of Integrity and gives students an opportunity to make a new connection with something they have likely heard about all of their lives. Note: October is National Bullying Prevention Awareness Month. If you are working on these lessons in October, make sure students know they are taking part in a national effort to raise awareness for bullying. There may also be anti-bullying campaign ideas on their website or additional activities that students can engage in.

Weekly Objectives

Students will:

- Create practical ways to remind all students to show integrity when interacting with others, particularly at school.
- Evaluate their community through the lens of integrity.

Resources / Materials

- VIDEO:** [Children bully their classmates because of race | WWYD](#) (There are a variety of [WWYD videos on YouTube](#) if you want to select a different one.)
- MATERIALS:** School handbook/bullying policy
- MATERIALS:** Poster-making supplies

Reflect / Assess

Deliverables:

- Daily Participation points
- Integrity Journal Entry:** What is something you would strongly stand up for right now, even if your friends or family would not agree with you? Why do you feel so strongly about this issue or idea?

Share

Share:

- Review the RAK definition of Integrity.



In the Integrity lessons we will talk about making good and right choices even when it's hard. We will also talk about perseverance and committing to something, much like you will be committing to the service project that you will design and carry out in the second half of this class.

Discussion Starters:

- Share a time you made a good, right choice even when you didn't feel supported in that choice or when it went against what others were doing?
- Share a time you did something challenging that you had to work hard to finish.
- What is the greatest challenge teens face when it comes to living in their personal integrity?

Inspire

Watch: [Children bully their classmates because of race | WWYD](#)



- How did the bullies show a lack of respect for their two classmates?
- How did strangers in this situation show integrity?
- What would you do if you were a bystander in this situation?
- Have you ever stood up for someone like this before? Explain.

Empower

(Allow 2 days for development; 1-2 days for deployment)



As a class or in small groups, review and discuss the school's bullying policy. *[If the school does not already have a bullying policy, flip the activity so that students write a policy, collectively; this could serve as a catalyst for a final project.]*

Then, have students create an "ad campaign" for the policy that reminds the student body of the policy (what it says, behaviors not allowed, consequences, *and* specific things to do/words to say to help students act with **integrity** and end bullying. Students may need to brainstorm this last part if not built into the policy.)

Ad Campaign Materials / Ideas:

- Posters
- School announcements
- School newsletter article
- Post for the school's website (work with IT department)
- Anti-bullying bookmarks to put in the library

The goal is to produce media that the student body can quickly consume and understand, making the policy easy for the student body to understand, remember, and follow. Students will put out these materials around school this week.