

Inclusiveness Day 3 • Personal Connection

RAK Definition: Inclusiveness is including others, inviting them in, and welcoming them with open arms.

In this lesson students will share their research from Day 2 and spend time evaluating their own media consumption for signs of inclusion.

Weekly Objectives

Students will:

- Understand how fairness, equality, equity, and in-group versus out-group thinking contribute to our capacity to be inclusive.
- Evaluate situations for inclusive thinking and propose more inclusive and just solutions.
- Evaluate their community through the lens of inclusiveness.

Resources / Materials

- “How Inclusive is My Media” worksheet

Reflect / Assess

Deliverables:

- Daily Participation points
- “How Inclusive is My Media” worksheet
- Inclusiveness Journal Entry: What can you do to consume more inclusive media?

Share

Discussion Starters:

- Share the research findings from Day 2.



Inspire

It can be easy to assume that how inclusive we are as a society mostly depends on the government, laws, rules, or institutions. But, inclusivity and representation and voice matters everywhere: in media, poetry and literature, movies, commercials, social media, sports, theater, and music. We can perpetuate out-group thinking and exclusivity when we do not broaden our own perspectives and consider other people’s ideas and points of view. Given the power of the Internet today, there is no reason why we can’t consume and consider a wide variety of opinions, ideas, and influences, but do we do that? Or is it more comfortable to stick with the opinions, ideas, and influences that support what we already know, think, and believe?



Empower

Do: Scan the media you consume regularly: books, music, movies/videos, magazines, your social media feed (influencers, bands, celebrities you follow), etc.



Analyze your media in the **How Inclusive is My Media?** worksheet. Bring the worksheet to class on Day 4.

How Inclusive is my Media? Worksheet

Instructions

- Scan the media you consume regularly: books, music, movies/videos, magazines, your social media feed (influencers, bands, celebrities you follow), etc.
- Answer the questions at the right based on your media review.

Resources

- Your socials
- Your media streams
- Your books, music, movies, magazines, videos
- Your influences
- Your “likes”
- Your contact list

Complete Below

1. When you analyze your media consumption, are you reading, watching, following, and listening to people who look, think, act, and believe mostly like you do, or are they different from you?
2. In what ways does the media you consume support your ideas or challenge them?
3. If you could diversify the media you consume, what might you add to make it more inclusive of people who look, act, think, and believe differently than you do?
4. What is the danger in consuming only the work, ideas, and influence of those who support our present way of thinking, feeling, acting, believing, or looking?