HIGH SCHOOL CURRICULUM — WEEK 2

Respect Day 1 • Introduction

RAK Definition: Respect is treating people, places, and things with kindness.

This week we begin with our first kindness concept: Respect. We will be discussing what respect is, how we demonstrate it, and how we can maintain respect for ourselves and others even in challenging situations.

Weekly Objectives

Students will:

- Create a personalized definition of respect both on an individual and interpersonal level.
- 2. Examine their community through a lens of respect.

Resources / Materials

- ☐ WEBSITE: All About Respect
- ☐ VIDEO: The Illusion of Rudeness The Myth of Respect
- ☐ ARTICLE: "An Opinion on Respecting Opinions"
- ☐ ARTICLE: <u>Stay Right When</u> <u>You're Wronged</u>

Reflect / Assess

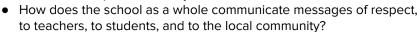
Deliverables:

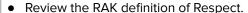
- Daily Participation points
- ☐ Respect Journal Entry: How can you both honor your opinion and someone else's at the same time?

Share

Discussion Starters:

What does respect mean to you?







Inspire

Watch the following video about responding: <u>The Illusion of Rudeness - The Myth of Respect</u> - 8:03 [comprehension level: easy/moderate]



Connection Questions for Video:

- What was the main idea that you took away from this video and why?
- Do you tend to see people as rude if they ignore a good deed that you did for them? Explain.
- Why do we tend to expect a reward for doing the right thing?
- What do you think would happen if we simply showed kindness and respect without expecting anything in return?

Empower

Read either as a large group, in small groups, in partners, or individually, the following student article: "An Opinion on Respecting Opinions"



Discuss:

- Why is it important to respect others' opinions?
- How can you both honor your opinion and someone else's at the same time?
- How can you both respect others and stand up against what you feel is unjust, unfair, or wrong? See: <u>Stay Right When You're</u> Wronged.