

# Kindness Capstone Project Implementation • Day 3

During weeks 5-7 of our Kindness Capstone Project we will implement our four different projects while also connecting with each other in class to both share successes and work through challenges that arise. Every Thursday and Friday are reserved for in-class work time.

## Weekly Objectives

Students will:

- Implement their Kindness Capstone Project.
- Document their progress in their kindness journals.

## Resources / Materials

- TALKING STICK** or other object

## Reflect / Assess

**Deliverables:**

- Kindness Journal Entry**  
How effective has your project been? How receptive has the community been to your idea?
- Daily Participation points

**KEEP LOGGING YOUR COMMUNITY SERVICE HOURS!**

## Share

**Discussion Starter:**

Complete a Project Check-In with your class.

- How are project teams feeling about their progress thus far?
- How have logistics worked out (pick up/drop off, team member task assignments, etc.)
- Are there any resources you wish you had that you did not think about prior to implementing the project?



## Inspire

Similar to last week, today we are going to mix ourselves up into small groups that are an equal blend of members from every project team. Every team is at a different point in this process of project implementation. Use this time to check in with the other teams.

Remember, the journey will look different as we are all working on different aspects of kindness in the community.

**REVIEW:** To facilitate a kind and compassionate discussion, each small group will utilize a talking stick. Only the person with the talking stick is permitted to speak. Others can ask questions only after the person has stated they are finished. The person with a question must then ask for the stick. The rules during small group discussion are as follows:

- Every person must be allowed at least one full minute with the talking stick.
- Limit follow up to 3 questions or comments so everyone has a chance to speak and receive guidance and feedback.



## Empower

**Small Group MashUp**

Divide the class up into small groups with each project team represented in every small group. The goal is to have at least 2-3 team members of every team in all the small groups. Have each group discuss the following question:

- How effective do you feel your project has been in its overall goal?
- How can the rest of the class help your team reach this goal?

Encourage each small group to present one concrete action that the class as a whole can do to help one of the teams. It may become apparent that one team is struggling more than the others (this may be because of internal work ethic, lack of community buy-in, extraneous variables out of member's control, etc.). As the goal of the class is to increase our kindness, it is our duty as a class to help out as much as possible to increase the success of all projects.

