

# Kindness Capstone Project Implementation • Day 2

During weeks 5-7 of our Kindness Capstone Project we will implement our four different projects while also connecting with each other in class to both share successes and work through challenges that arise. Every Thursday and Friday are reserved for in-class work time.

## Weekly Objectives

Students will:

- Implement their Kindness Capstone Project.
- Document their progress in their kindness journals.

## Resources / Materials

No materials are required today.

## Reflect / Assess

**Deliverables:**

- Kindness Journal Entry**  
Who has been the most unusual person to communicate with during this project and why?
- Daily Participation points

**KEEP LOGGING YOUR COMMUNITY SERVICE HOURS**

## Share

**Discussion Starter:**

Ask for volunteers to present their nonverbal “How To” tutorial for the class.

- Invite the class to guess.
- \*If desired, time each presentation and see how fast the audience can guess.
- Discuss how the omission of verbal cues is nowhere near as difficult as the omission of nonverbal cues from yesterday.



## Inspire

Today we will be discussing how communication out in our community is going. It can be very difficult to feel confident when communicating with people outside of your normal day-to-day interactions. Check-ins with peers and discussing any roadblocks can help you build confidence and realize that you are not alone in your communication challenges.

Make sure you include the following areas during your partner conversation:

- Varying conversation styles with different ages
- Varying conversation styles on the phone, through email, and in-person
- Varying conversation styles with friends versus with businesses



## Empower

**Active Listening Challenge**

Divide the class up into random pairs. Each pair will discuss at least one new communication interaction they have had in the community since the implementation of their project. Make sure to include people that differ from you in some fashion.

Work together with your partner to brainstorm how much nonverbal communication played into the communication you had. Did you pick up on anything that helped you understand whether or not they were actively listening? Did you find yourself adjusting your own nonverbal communication skills?

If time allows, ask for volunteers to share their communication discoveries.

